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THURSDAY SEPTEMBER 12TH, 2019

From particle physicist to artist.
See Page 12

Health Beauty & fitness

Officers team up with BID to tackle anti social behaviour in Bridgend

OFFICERS have teamed up with the Bridgend Business Improvement District for a campaign to encourage the reporting of anti-social behaviour issues in the town centre.

As part of a continued drive to tackle anti-social behaviour incidents, Community Safety Partnership officers have joined forces with the CF31 Business Improvement District to distribute posters to retailers in the town centre to prompt

the reporting of issues.

Anti-social behaviour is as any action likely to cause harassment, alarm or distress. It includes begging, street drinking, graffiti, threatening or abusive language, unruly or drunken behaviour, criminal damage, noise pollution, racist/homophobic behaviour or harassment and drug and alcohol abuse.

Operation Chichester has been in place for the past year as part of efforts to stamp-out anti-social behaviour, drugs and crime, as well as the unlawful consumption of alcohol on the streets of Bridgend.



Pictured: Anthony Bradshaw, Bridgend bus station manager; Hannah Richards, Community Safety Partnership officer; PC Thomas, anti-social behaviour officer and Saihou Jeng, Street Marshall CF31 BID.

A day of action took place last month as part of the operation which saw a number of dispersal notices handed out.

Bridgend Town Centre has a Public Space Protection Order in place, which means drinking alcohol or carrying alcohol in any open container on the

street within the town centre is prohibited. Failure to comply with a police request to dispose of the alcohol means people may be arrested and liable upon conviction to a maximum fine of £1,000 fine.

PC Thomas, anti-social behaviour officer for Bridgend, said:

"Tackling anti-social behaviour is an ongoing priority for us as this kind of behaviour will not be tolerated in our communities. We have a number of tools to deal with ASB including issuing Community Protection Notices, Criminal Behaviour Orders and

PSPOs but we need the public and retailers to report incidents to us so we can act.

"Community Safety Partnership officers have been working in partnership with CF31 BID and businesses in the town centre to support retailers and combat anti-social behaviour."

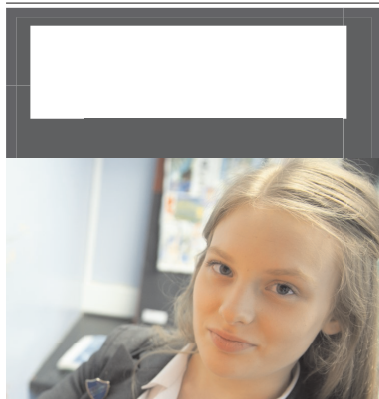
"We are encouraging the public to report any incidents of anti-social behaviour to us. It is quite often the case that incidents are not being brought to our attention as the presumption is that someone else has already reported it."

"We have a four stage anti-social behaviour process which is designed to give individuals numerous opportunities to 'make good' their behaviour, this involves a multi-agency approach where partners such as housing, mental health teams along with drug and alcohol services, are all offered

in a bid to help the individual receive support.

"Criminal Behaviour Orders are used as a last resort after all other efforts to engage with individuals through partner agencies has failed. That individual may have refused to engage with the support offered or has not complied with any anti-social behaviour warnings given and have continued with their persistent anti-social behaviour."

• Please report any incidents by calling 101 or by contacting your neighbourhood policing team.



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Is the public really being consulted through public consultations?

IWRITE with regard to an article that was published recently in the local press on 'Have your say on future development'.

I presume they were referring to the Welsh Government's New National Development Plan, the closing date for the consultation period is November 1.

As this development will affect every area of the Vale from Cardiff to Llantwit Major, the Welsh Government states that over the next 20 years, 14,000 new homes will be needed across Wales; 57 per cent in our area, 5,800 each year for the first five years. It has the potential to impact every community in this area.

We have already had 10,000 new homes forced upon us with the result that most roads in the area are gridlocked twice a day and indeed, at times throughout the day – particularly at Weycock Cross and Culverhouse Cross.

How on earth will these same roads cope with thousands of extra houses and the vehicles that they will bring?

There are also problems with schools being full for the new September intake (Llantwit Major Comprehensive being one); doctors' and dentists' surgeries are already stretched – is anyone at the Planning Department factoring in these problems?

The Welsh Government and the Vale Council have declared a 'climate emergency' and have ramped up their recycling efforts (ours, actually). This is a very small part of climate change and is dwarfed by carbon emissions from traffic. Their only response is to give lip service to "enhancing" local transport systems, dependent on other agencies upgrading existing train and bus services. So not much of a change there – at least not enough to get people to use public transport to go about their daily business.

There is also the destruction of wildlife habitats when those building sites are created, so local people do need to have their say – or at least have these proposals brought out into the public domain and some of the main points made clear to us.

So will this Welsh Government document be another case of 'hidden' consultation periods by our local councils and politicians?

J A Hopkins, Rhosce.

Editor's note: visit gov.wales/consultations and senedd.assembly.wales/mgConsultationListDisplay.aspx to view open consultations.

New recycling scheme is 'too complicated'

FIRST, please allow me to state that I am a massive proponent of recycling and absolutely believe that we should be doing more.

However, the Vale Council's new recycling system is just downright complicated and will put people off making the effort to separate their waste.

There are too many rules as to what can and can't go in each container and most people don't have the luxury of space to store multiple containers in and around their house.

This is a colossal waste of money providing these bags to every residential property in the Vale.

I hope that on collection day, your employees and collectors neatly put bags and boxes in one place not strewn across pavements and streets as currently happens.

Where on earth did the Vale Council get this idea for waste separation, as other councils have quite frankly better and less complicated systems?

Name and address supplied.

Grateful thanks after fall in Llantwit

MAY I say a huge thank you to all the lovely people who helped me when I had a bad fall in Llantwit precinct on Tuesday, August 27?

Firstly, thanks to Andy Clifford who was a hero with his first aid, Jane and Richard from Well Pharmacy and to the lady who rang my home and Damien.

God bless you all.

Tricia McLean, Llantwit Major.

Coffee morning helped raise £348

IWOULD be grateful if I could express through your newspaper our thanks to members of the council staff on Barry Island, and members of the public for their help and support.

Some £348 was raised by the members of Merthyr Dyfan church by the coffee and cake we put on at beach hut 9 on August 30.

The money has been divided equally between Ty Hafan and the repair fund of Merthyr Dyfan, which was vandalised and reported in your paper.

Reverend Robert Parrish,
Team Vicar at Merthyr Dyfan.

Enough about the farm; has anyone spared a thought for the farmer?

IWOULD like to comment on last week's piece on the proposed plans for Model Farm.

I do not want to talk about the effect this will have on an area of green fields, or indeed the effect this may have on traffic and congestion into Barry and beyond.

Sebastian Balcombe, strategic land manager for Legal & General, covered many of the points that he, and indeed L&G, felt they needed to.

Fine, but what about the farmer and his family that this enormous development will have such a devastating effect on?

Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk

Letters and e-mails MUST include your FULL address, contact telephone number. We reserve the right to edit all letters. We do NOT accept anonymous mail.

They will lose their entire livelihood. Where have we all gone wrong that actual human beings and families can be disregarded to one side and are not even thought of as an 'important point' in their argument?

What kind of society have we become?

Shameful.

G Sims-Williams, Rhosce.

Thanks to PoW staff for doing their jobs

RECENTLY, my husband had a fall and gashed his head.

We were advised by our GP to attend A&E and arrived at Princess of Wales Hospital and were seen within 10 minutes and details taken. After another 10 minutes we were seen by a doctor and extensive tests were done. Everyone we met was so efficient and a pleasure to see.

Thank you to doctors, nurses and all staff. Thank you, Princess of Wales Hospital: we are lucky to have you.

Pat Kent, Maendy.

What information about Mari Lwyd?

HAS anyone any history of the 'Mari Lwyd' specifically for the Barry and district area?

We hold an image of the Mari Lwyd at a school in Barry in the early part of the 1900s, with children and teachers outside either Holton or Gladstone Road School.

Can any one share (directly to me) any memories of the Barry Mari Lwyd on 07437 747402 or email: archaeologycymru@live.co.uk?

Karl-James Langford,
Vale of Glamorgan.

Oil for power station?

IWOULD like to inform Paul Blanchard of Barry [Letters, September: "Will 'eye-sore' be addressed?"] that all is not lost.

I have a trace of Aberthaw Power Station and 57 years ago, I painted a picture of it at sunset in oils.

Peter Crocker, Llantwit Major.

More traffic might lead to gridlock

EXTRA traffic using the A4055 Cardiff Road between Gladstone Road and Biglis (MacDonald's) roundabouts is likely to result in up to 35 per cent more traffic by 2026.

This could mean gridlock.

Who says so? The Vale Council's own consultants, Capita Symonds in their 2013 Highway Impact

Assessment. Only 14 per cent of traffic currently travelling to or from Dinas Powys emanates from or turns on to the A4231 Link Road. The majority remains on the A4055 Cardiff Road.

Who says so? The Vale Council's own consultants, Arcadis in their 2018 draft report into transport along the Dinas Powys corridor. The Barry to Cardiff Link Road Group endorses the comments made by Dennis Harkus in last week's GEM.

Yes, we've lobbied to ensure relief is given to traffic through Dinas Powys. It is the only section of the Vale of Glamorgan's Strategic Highways without a by-pass around its primary settlement; but this should not be to the detriment of neighbouring areas.

That's why we proposed the alternative by-pass route from the Merrie Harrier to Ffordd y Mileniwm via the roundabout at the Sully end of Sully Moors Road, along Hayes Road across the docks on Wimborne Road to Ffordd-y-Mileniwm.

In April the Vale's previous administration decided to halt further work on this alternative route. But recent reports seem to indicate the council aims to look at completing work on this route.

If this happens, it would enable a proper comparison between two distinctly different route options.

As perhaps one of the largest infrastructure project in the eastern Vale for decades, it's important that it benefits the whole Barry to Cardiff corridor.

There needs to be public buy-in from all areas likely to be affected. But for this to happen, surely work on the alternative route needs to be completed and available to be compared at the public consultations.

Rod Harrod, chair,
Barry to Cardiff Link Road group.

Reader states that developer has a 'cynical disregard' for people

IT is with complete incredulity that I read of Legal and General's proposal for the development of a business park on the land at Model Farm.

Whether a business park is actually the end plan, or a back door means of ultimately using the land for housing remains to be seen. This proposed development is purely speculative and a quick online search will show that Legal and General have been 'land banking' for many years. The value of land with planning permission secured is many times the value of agricultural land. Legal and General are pursuing profit, with a cynical disregard for the local area and the people who live and work here.

Local residents have until October 1 to lodge objections with the Vale of Glamorgan Planning Dept.

Bronwen Hughes, Rhosce.

HIGH TIDE TIMES

The high tides listed in this week's Gem are those in Porthcawl. It should be remembered that along the coast, high tides times will vary. For instance, in Barry the high point will be 20-25 minutes later.

UNTIL SEPTEMBER 19

Date	Time	Height (metres)
12/09/2019	06.32	9.0
12/09/2019	18.49	9.3
13/09/2019	07.08	9.3
13/09/2019	19.22	9.5
14/09/2019	07.38	9.5
14/09/2019	19.54	9.6
15/09/2019	08.12	9.7
15/09/2019	20.24	9.8
16/09/2019	08.38	9.5
16/09/2019	20.53	9.7
17/09/2019	09.06	9.5
17/09/2019	21.22	9.5
18/09/2019	09.36	9.3
18/09/2019	21.53	9.3
19/09/2019	10.04	9.0
19/09/2019	22.22	8.9

While the Gem makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

The Glamorgan GEM • Contact us...

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'She Sews Sea Shells'

CUTTING Edge Textile Group's exhibition is being held in the pop-up shop, Old Hall, Cowbridge between September 17-21 from 10am - 4pm.

The group is pleased to be part of the Vale Makers Festival, which runs from September 14-28: there will be exhibitions, workshops and open studios. On September 20-21 there will be a Makers' market in the Old Hall. A brochure can be downloaded from the Vale Makers Festival website valemakers.org/.

'How to attract birds'

MEETINGS of the Cowbridge Gardening Club will resume on Thursday, September 26 at 7.30pm in the Lesser Hall.

The speaker will be Anthony Walton on 'attracting birds to the garden'. New members welcome.

Dementia fundraiser

ON Friday, October 4, a fundraising cream tea will be hosted, beginning at 3pm, at Llys Ton Residential Home, Waunbant Road, Kenfig Hill.

It is a joint venture between Llys Ton and Memory Lane Cafe in aid of dementia research. Tickets are £3 (from 07791 891578) and all of the £3 ticket money will go to dementia research; a free raffle ticket is included - and donation of raffle prizes is very welcome. There will be entertainment and someone from Dementia Research will give a short talk on how the money will be spent.

Scout jumble

COWBRIDGE Scouts are holding their annual jumble sale on Saturday, September 21 at the Scout Hall (rear of sheep market) between 10am and 1pm.

Stalls include books, clothes, toys, bric-a-brac, bedding and DVD/CDs. Entrance 50p.

50p sale

A 50p sale will be held in All Saints' Lesser Hall, Victoria Square, Penarth on Wednesday, September 18 from 2pm until 3.30pm. All monies raised to charity.

Young Porthcawl actor stars in new BBC film

A young actor from Porthcawl, Ed Neeson, picked up a 'highly commended' award at an awards ceremony to introduce a new series of short films that are now showing on BBC 2 Wales.

The short films have been produced by the industry training programme, 'It's My Shout' (IMS) which began life in Bridgend county borough some years ago as an offshoot from the Bridgend Youth Theatre (BYT).

It was the brainchild of Roger Burnell and he remains the artistic director of both IMS and the BYT.

Sunday's awards ceremony was held in St David's Hall, Cardiff, and it was attended by a host of media professionals.

The IMS training scheme has expanded all over Wales now, with support from the BBC, film and media production companies, Further Education Colleges and local authorities.



Ed Neeson shortly after being presented with his 'Highly Commended' award in the best male actor category.

Ed has been a member of the BYT for some time now, and his film is called *She's OK*, and was shot in Bridgend. He plays a young boy whose father is in prison, and whose mother is bed-ridden, possibly due to depression.

He is skipping school and drifting into a life of petty crime, but something happens to inspire him to turn things around...

It is the second time that someone from the Neeson family has taken the lead role in an IMS film. Three years ago in 2016, his elder brother George took the lead in *Francois* a film which was shot in Porthcawl.

She's OK was shown on Tuesday, September 10, on BBC 2 Wales, at 11.15pm. One more was shown on Wednesday, and another will be shown

tonight (Thursday) at the same time (11.15pm). The following week, on Tuesday, Wednesday and Thursday, another three of the films will be shown.

In addition, two more short films, filmed in Welsh with sub-titles, will be broadcast on S4C at a date still to be announced.

Once the films have been broadcast, they will be available on iPlayer. AS



If approved, the new police training centre would become operational in 2021.

New police training centre planned in Bridgend

PLANS for a new training and operations centre at the South Wales Police (SWP) headquarters in Bridgend will go before councillors on Thursday, September 12.

If approved, the four-storey police learning centre would be built in Cowbridge Road. The Police and Crime Commissioner (PCC) for SWP said the development would provide the police with their own on-site training and recruitment centre, saving them having to rent accommodation and would include 22 training classrooms, an assessments and standards unit, an operations training unit, an office for the PCC with a separate building to house a gym. New access arrangements are included in the proposals. If approved, work is expected to begin later this month to become fully operational in 2021.

A spokesperson for SWP told The GEM: "South Wales Police has one of the largest police estate mostly borne out of the historic policing set up in 1969, and much of the estate had remained unchanged. We have sought to halt the decades of decline and deterioration due to lack of funding, by aiming to have fewer, larger and modern police buildings. The current training facilities are obsolete and beyond economic repair and an improvement programme is underway which brings together seven training areas into one with long-term cost savings. The estate strategy indicates the potential for an annual cost efficiency of £2m through building upgrades, which will be self-financing."

Officers are recommending the application - P/19/140/FUL - for approval.

Liz Bradfield, Local Democracy Reporter/GEM Staff.

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Slimming World group launches in Bridgend



A WOMAN passionate about helping people lose weight is launching a Slimming World group in the Cefn Glass area of Bridgend this month.

Anne-Marie Lloyd will be giving support to residents hoping to shift a bit of weight at Westward



Community four-and-a-half stone."

Centre every Wednesday night from 7.30pm. Anne-Marie, who was crowned Miss Slinky in December last year, added: "I just want to pass on my passion for Slimming World as a member two-and-a-half years ago. I managed to lose weight on my own at home, but hit a bit of a wall so decided to join. I have now lost classes start from September 18.

Consultation on cuts

BRIDGEND County Borough Council (BCBC) is considering cutbacks to services including street cleaning, CCTV, pest control, town centre events, adult learning, education support services, as well as closing one of its three recycling centres.

During the last four years, BCBC has saved £27 million by cutting some popular services and reducing council staff numbers by 400, which has included making significant cutbacks in senior management.

A further £35m saving must be made by 2023, and the council is warning that the situation is now reaching 'breaking point' due to reduced funding from central government.

The local authority has launched its annual budget consultation 'Shaping Bridgend's Future,' which lays out the tough decisions that need to be made ahead of setting its budget for 2020-21. Local residents are being urged to get involved and share their views on potential budget savings which include:

- Moving to a reactive street cleaning service where street cleaners will only deal with prioritised complaints about fly tipping and bin emptying rather than carrying out regular cleaning which would save £270,000 per year;
- Either completely closing one of the three community recycling centres (in Maesteg, Tythegston and Brynmenyn) to save £100,000 per year, or closing all three sites for one day a week to save £50,000 a year;
- Removing CCTV coverage. There are currently 92 cameras across the county borough, and the service costs approximately £327,000 a year;
- Charging a fee for pest control services which are currently free;
- Saving £23,000 per year by no longer giving financial support to events in Bridgend town centre such as street markets, Wartime Bridgend, and the classic car show;
- Saving £35,000 per year by no longer supporting the Bridgend Business Forum;
- Reconfiguring the council's homelessness service (but still providing support for homeless people) to save £100,000;
- Saving £133,000 per year by no longer funding adult community learning courses, or saving £65,000 per year by reducing the service to offer less courses;
- Saving £307,000 per year by no longer providing specialist cognition and learning services to support pupils with special educational needs and disabilities in mainstream primary and secondary schools. Alternatively, £61,000 could be saved by training staff in schools to deliver some of these services;
- Changing the way that one-to-one support is given for children with additional learning needs in primary schools. This could save £144,000 per year.
- Stop providing escorts on board taxis and minibuses that are transporting less than eight pupils to primary schools. This would save £35,000 per year;
- Further developing the way that day services are provided by moving to a "community hub model" in four areas of the county borough. Doing so would save £180,000.

The council is also

proposing to generate money by offering telecare and mobile response services to the general public rather than just people who are known to social services. It is estimated that doing so could generate income of £150,000 per year. Views are also invited on other potential money-making options such as commercial investments.

Everyone who completes the 'Shaping Bridgend's Future' survey will also be asked for their opinion on possible council tax rises to help protect services, and have their say on which services should be prioritised when making long-term budget decisions.

Council Leader Huw David said: "We have already made multi-million-pound savings as we account for huge slashes in the funding we receive, and have done everything we can to prevent residents from having to experience the full impact of cuts that have been widely reported elsewhere in the UK.

"The coming year is going to be the toughest yet, and there are no easy options to save millions of pounds. Until central government decides to stop pummeling local government and instead provides us with adequate funding to provide the services that our residents deserve, we will have to keep making some of the hardest decisions that we have ever faced in order to set a balanced budget which meets our legal responsibilities.

"If one service is prioritised, it means that another service has to lose out, so we need local people to work with us and tell us which services they want us to protect."

In 2019-20, it will cost BCBC almost £270.8m to provide a full range

of public services for 142,000 residents. The council's budget is made up of government funding, council tax and business rates. Council tax accounts for about 29 per cent (£79m) of the local authority's net budget and doesn't even cover the cost of the budget that goes straight to the county borough's 59 schools.

Cllr Tom Giffard, leader of the Welsh Conservative Group on the council said: "I find it disappointing that the Leader of the Council has accused Central Government of 'pummeling' local government. The truth is that the Boris Johnson-led UK Government has announced £4.6bn extra a year for schools, but the Welsh Labour Government hasn't decided yet whether it will pass this money on to local councils. So if he's looking to point the finger of blame for his own council's shortcomings, he should be blaming his colleagues in Cardiff Bay, who have a poor record of passing on UK Government money to local councils."

The 'Shaping Bridgend's Future' consultation can be completed online at www.bridgend.gov.uk/consultation before the survey closes on Sunday, November 3. Paper copies can also be requested by emailing the council's Consultation and Engagement Team at consultation@bridgend.gov.uk or calling 01656 643664.

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Free days at Dyffryn Gardens

ENTRY to weekend a recruitment drive. A spokeswoman said: "If you join this weekend, all your fees stay at Dyffryn for the first year."

to the National Trust's 14/15). Dyffryn Gardens Association of National Trust Volunteers is also holding

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Local choirs are ready for upcoming concerts

TICKETS for the 59th annual gala concert by the Bridgend Male Choir are now available online from our new website www.bridgendmalechoir.co.uk.

This year's concert will be hosted by Beverley Humphreys and will feature the Welsh tenor Richard Allen and Oldcastle Primary School choir.

The evening's programme will feature a variety of music including familiar Welsh favourites. The venue will be the Sony Theatre,

Bridgend College on Friday, October 11 at 7pm; tickets £10 from Porters Estate Agents, choir members or from Gareth Reese on 07773 170373.

Rehearsals take place every Thursday from 7.30pm at Oldcastle Primary School, South Street, Bridgend CF31 3ED. All visitors will receive a warm welcome, so come along, have a listen and you may even want to join us.

Harmony Ladies Choir
THE choir's annual concert will be held at Nantyffyllon

Rugby Club, Maesteg on Friday, October 4; doors open 6.30pm for 7pm and our special guest for the evening is the brilliant talented soprano Jessica Robinson.

Compere for the evening is the ever-entertaining Ross Penhale-Thomas. Tickets £5 from any choir member, or call 07983 571578 or pay at the door. Come and join us for what is going to be a wonderful evening of music and fun.

Injured horse rider airlifted from Kenfig Sands



A FEMALE horse rider was airlifted from the remote Kenfig sands beach after falling from the animal on September 7 at around 2.30pm.

Paramedics, HM Coastguard search and rescue team and Kenfig Sands Surf Lifesaving Club were all involved in the evacuation.

A member of the public alerted members of the Lifesavers to the incident, who then called upon the coastguard and ambulance service.

The casualty had to be airlifted to hospital because Kenfig Sands, known locally as Sker Beach, is a two-mile long sandy stretch which is almost completely inaccessible by road.

A surf lifesaving club member, who was the first on scene said: "The lifesaving ethos is to provide 'vigilance and service' to anyone on the beach, whether in or out of the water. "We are always happy to lend a hand when needed."

The riders involved thanked everyone who helped, especially the people who caught the horses and returned them safely to their trailer.

CS

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BUCKLE up, ladies – it's going to be an exciting season!

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I am delighted to announce the arrival of a new label at Samantha B. Barbara Lebek is a wonderful German label, bringing a style and elegance with coordinated separates in gorgeous colours and style at really affordable prices.

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Your coat is the first thing that people see, so it's important to get it right. As the cold starts to bite, it's time to start wrapping up. We have a super range of coats in lovely colours, as well as a couple of reversible jackets, and a multi-function coat new from Marble.

If you're not quite ready for a big coat, how about a gilet? A firm favourite with our customers, the new Barbara Lebek gilets are fab; silver, pink, mustard, black and a super reversible one with an autumnal palette.

We also have all your favourite labels, Adini, Bianca, Capri, Brandtex, Olsen and, of course, Marble, who this season have added a fabulous range of outer wear.

We are holding a number of fashion shows this season: on September 20, Cowbridge Town Twinning Association at Ramoth; on October 10, Porthcawl Inner Wheel for Ty Hafan and a few others. If you are interested in seeing the clothes in action, call the shop for ticket information.

We look forward to seeing you, offering you wonderful service and 10 per cent off.

Inmate gets extra jail time for attacking prison guards

TWO security officers at Bridgend's Parc Prison had to receive hospital treatment after an inmate attacked them, Cardiff Crown Court was told.

Shortly before, 23-year-old Matthew Jones had been told his 83-year-old grand-mother had died and he felt his victims were "unfeeling" towards him.

Jones admitted two offences of assault and was jailed for eight months.

Said Judge Eleri Rees: "I accept you received bad news but it can't excuse you assaulting two prison officers. Such assaults affect prison staff

and their families." Prisoner with humanity and dignity and said there were rules to be observed. His black eye lasted a couple of weeks but the other officer said he had been trying to impose discipline and suffered a bloody nose and other injuries.

One officer, Nathan Cousins, said he was to be reported, to which Jones replied "Touch me and see what happens."

He lunged at the officer and punched him in the face three times.

Other officers, including Kevin Thomas, attempted to restrain Jones, but he was also assaulted.

Both officers suffered black eyes and grazes, and had to be treated at the University of Wales Hospital.

In a statement, Mr Thomas said he attempted to treat

prisoners with humanity and dignity and said there were rules to be observed. His black eye lasted a couple of weeks but the other officer said he had been trying to impose discipline and suffered a bloody nose and other injuries.

Jones, of Cardiff, refused to be interviewed by the police. He had convictions for robbery, wounding, causing grievous bodily harm, affray, and assaulting the police.

His counsel, Jeff Jones, said: "He had not assaulted a prison officer before. On that day, he had had a family visit and was told his grand-mother, to whom he was especially close to, had died, and he was very upset."

Report by AJ Sicluna

Breaking news: cat rehoming centre celebrates anniversary

CATS Protection's Bridgend adoption centre marked its 25th anniversary with a 1990s-themed celebration event.

More than 350 visitors joined in the fun and helped raise over £3,000 during the event on September 7. Cats Protection's Bridgend centre manager Sue Dobbs said: "We had a brilliant day, it was especially wonderful to welcome back some of the staff and volunteers from over the years who have helped us give so many cats a second chance in life."

Samantha B

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Emotional moment as ploughing match pays tribute to Adam Llewellyn

THE Vale of Glamorgan Ploughing & Hedging Society held its annual Ploughing Match on September 8 at Ty Draw Farm, St Mary Church, with permission from Andrew Radcliffe, the president of the society for 2019.

Although the committee were concerned about the forecast weather for the weekend of the event, it turned out to be a beautiful sunny day enjoyed by all the competitors and visitors. If there was a cloud on the day it was the sad news of the tragic death of Adam Llewellyn (pictured right) who was killed in an accident on the Thursday before the ploughing match.

Adam was a member of the society from the start and had won many prizes in the hedge cutting events, and a number of ploughing prizes at the annual matches.

As a mark of respect for Adam a two-minute silence took place at 12 noon, started by the whistle of the steam engine. It was a fitting tribute to a well respected young man and it was an emotional moment when the whole of the ploughing field and surrounding supporters came to a standstill.

There were more than 50 tractors on the ploughing field with two teams of horse ploughs and, for the first time, a pair of steam engines ploughing with a multi-furrow plough.

Both machines had come over from Somerset for the event and it is hoped that they will make the journey again.

Also for the first time, there was a caterpillar tractor pulling a four-furrow trailer plough.

Prizes were presented by Mr Radcliffe and he was thanked for allowing the event to take place on his grounds. Chairman, Andrew Studley, thanked everyone involved in the event, which was dedicated to the late John Watts, another strong supporter of the society, who passed away earlier in the year.

He then presented a cheque to Parkinson Wales in memory of John.

Pictures by Glyn Evans

Pictures can be purchased by contacting:

E-Mail: ffotoimage@tiscali.co.uk

Telephone 07791 228684 or

www.ffotoimage.co.uk



Lottery funding workshops

IF you work or volunteer for a local voluntary group or organisation in Bridgend County Borough, don't miss the opportunity to meet with the National Lottery Heritage Fund staff at Nolton Church Hall in Merthyr Mawr Road, Bridgend on Thursday, October 17 to discuss applying for funding for your project.

Organised by Bridgend Association of Voluntary Organisations (BAVO), free of charge 30-minute appointments are available from 10am – 3pm.

The National Lottery Grants for Heritage fund a broad range of projects that connect people and communities to the national, regional and local heritage of the UK. They provide different

levels of funding to heretofore of all shapes and sizes. Their grants range from £3,000 up to millions of pounds.

This year, the fund has changed its focus and is particularly interested in projects concerning landscape and nature and community heritage. Their communities of focus are disabled people, young people, black and ethnic minority communities, LGBT+ and people from lower socio-economic backgrounds.

In addition, they are looking for applications from organisations who have never applied to them before.

To book an appointment you must register your interest with BAVO by October 3 by calling 01656 810400 or emailing bavo@bavo.org.uk. **BAVO Spokesperson**

Steps taken to curb pavement parking

DEPUTY Minister for Transport Lee Waters AM is supporting a campaign to tackle pavement parking in Wales.

In July, the Welsh Government set up a task force to explore ways to stop pavement parking in Wales. It is already illegal in London, with the Scottish Parliament proposing to pass legislation to ban it later this year.

Earlier this week, the Transport Select Committee published its report on pavement parking in England, calling on the Government to introduce a ban and provide stronger, clearer laws on irresponsible parking.

Living Streets Cymru is calling for a default ban in Wales, with an exception

allowing pavement parking on specially designated streets. A recent survey by the charity found that more than a quarter of people aged over 65 in Wales are prevented from walking on their local streets because of blocked pavements.

Deputy Minister for Transport Mr Walters has set up a Welsh Government task group to find ways to tackle problem parking. He said, "Pavement parking is a real problem for our communities and acts as a barrier to encouraging active travel. I want people of all ages and abilities to feel confident and safe when making every day journeys by walking or cycling, which can help us tackle obesity,

and air pollution."

"Our expert group is considering the options available to us as we look to tackle pavement parking and redress the balance of power in our urban environment."

Living Streets Cymru is asking members of the public to take part in a survey to tell them how pavement parking affects them. The results will be shared with the Welsh Government task group investigating the issue.

Rhiannon Hardiman, Manager for Living Streets Cymru, said: "Pavement parking is a problem for everyone, but particularly so for those with mobility issues and sight loss, and parents with pushchairs." **AS**

Burglar raided family's home as they slept

A FAMILY slept as a burglar raided their Vale of Glamorgan home and stole property including £5,500.

Matthew Takel was caught when spotted at a supermarket CCTV using a bank card stolen from the house to buy petrol, said prosecutor David Pugh at Cardiff Crown Court.

Takel, of Heol Bryn Glas, Brackla, Bridgend, was jailed for two years after admitting charges of burglary and making a false representation.

Mr Pugh said that in the early hours of August 6, Takel broke into the Bonvilston home of a family and took a wallet, bank cards, and the cash, which was to have been spent celebrating a 50th birthday.

Takel drove to a Tesco supermarket and, using the stolen bank card, obtained petrol worth £26

and was identified four days later.

When arrested, he denied the charges. One of the family said: "I no longer feel safe in my own home."

Takel was said to have convictions for 104 offences, including assault, burglary, vehicle crime, fraud and making false representations.

Solicitor Giles Hayes said: "He has made a huge number of mistakes for 20 years but he cares for his mother and has a good work ethic. There was remorse."

Said Judge Eleri Rees: "This was a serious offence of burglary after you drove to the rural village of Bonvilston."

"The family were in bed and there was an element of planning. You stole a significant amount of property."

She warned that if he committed another burglary, he would receive a minimum of three years.

Report by AJ Siciuna

Donations given to former mayor's chosen charities



FORMER Mayor of Bridgend County Borough, Cllr John McCarthy, has presented cheques to the three charities he chose to support during his year in office.

A total of £6,600 was split equally between Tenovus Cancer Care, Parkinson's UK and the Stroke Association.

Cllr McCarthy, who is the ward member for Hendre, said: "With so many worthy causes to choose from, it was very difficult to select my chosen charities but I went with three charities that are close to my

heart due to having family and friends who have been affected by cancer, Parkinson's disease and stroke.

"All three organisations do wonderful work to support local people so I'm thrilled to present these cheques. I'd like to thank everyone who supported my fundraising events last year."

Pictured above is Stroke Ambassador Ian Lewis, Tenovus Cancer Care's regional fundraising manager Carys Jenkins with the former mayoral couple, regional fundraising manager from Parkinson's UK Bethan Palfrey from and

Parkinson's UK volunteer David Burt. **AS**

Events in your area

Charity concert in Ogmere Vale

THE Ogmere Valley Male Voice Choir is performing its annual concert on Saturday, September 21, at 7pm in the Canolfan Bethlehem Centre, Commercial Street, Ogmere Vale.

The beneficiary this year is Y Bwthyn Newydd, the palliative care unit in Bridgend.

The choir will be joined by special guests, the Ogmere Valley Ladies Choir.

Tickets (£5) are

available from choristers or on the door on the night.

Tractor run

A CLASSIC tractor road run is being held on Sunday, September 22 at 10am starting from Llanilid Farm, Pencoed, CF35 5LA, supporting Nick's Trust Fund and Multiple Sclerosis, for further details from Wayne Griffiths on 07866495064.

Entry is £10 per tractor/vehicle/4x4. There will be an auction, raffle and a hot roast; all welcome.

Young Carers ID card scheme launched

BRIDGEND County Borough Council (CBCB) has handed out its 300th Young Carers' ID card in a scheme intended to create more understanding of the issues young carers face.

The card was developed four years ago in partnership with Young Carers to support them in education and to ease any embarrassment they may feel when having to frequently explain their circumstances.

Young Carers can show the card to their teacher or another adult to let them know about the responsibilities they have at home.

All local young carers under the age of 18 who attend school or college are eligible to receive the ID card.

For more information on the Young Carers ID card scheme or to find out more on what additional support young carers may receive, contact 01656 642413 or email Lisa.Pritchard@Bridgend.gov.uk.

Votes to be cast on scheme to boost business in Bridgend

A BALLOT will take place in Bridgend town centre next week on whether a scheme designed to make the area a better place to do business will continue.

The current three-year term for the Business Improvement District (BID) ends on September 30. Businesses will decide whether it should carry on for a further five years when they vote on Thursday, September 19 with results being declared the following day. If it continues, there will be a number of changes.

The BID boundary will be redrawn, excluding some businesses such as Asda, and including others. The rateable value at which a levy will be imposed on businesses within the boundary will be changed from £6,000 to £5,000. The levy payment will be increased from 1.25 per cent of the rateable value to 1.5 per cent.

At a special cabinet meeting on September 10, officers said it was their view that the current BID had improved the vitality and viability of the town centre. Delyth Webb, group manager for strategic regeneration, said: "From the authority's point of view the BID provides a number of services we have been unable to provide in the town centre for some time."

She said the supermarket Asda would no longer form part of the BID as "it was felt they were not engaging with the BID process in any way". Over the last three years the BID, called CF31 after the postcode area it covers, has organised a range of events in the town such as the Dinosaurs in Bridgend, Classic Car Show, Roots Street Festival and Christmas markets.

It has also helped to campaign for an extension of business rate relief, lobbied on de-pedestrianisation, provided free training in areas like first aid and food safety, and introduced a town centre gift card. Meanwhile its street marshal has been a point of contact for businesses "reporting issues that might deter shoppers from coming to town".

In the future the BID plans to roll out new software among businesses so they can log incidents and share information on offenders to help reduce anti-social behaviour and low-level crime. It will also introduce new events, support parking concessions for shoppers and a public toilet in the indoor market, commission an employee loyalty card for member businesses, increase the range of training, and offer discount parking for members in peripheral car parks.

At the meeting, cabinet member for communities, Cllr Richard Young, said the BID had done a remarkable job in a short time.

Council leader Cllr Huw David said he was encouraged by what it had achieved, adding while there was some negativity from traders, there was "a lot of positivity".

Cabinet member for regeneration, Cllr Charles Smith, said the BID was a town trader's initiative which was backed by the council as a facilitator.

He said the usual term for a BID was five years, but due to "naysayers" the Bridgend one had started with a three-year term.

He said: "The most important thing now is that a 'yes' vote by the traders would be a sign and a message to say they are committed to what is being done in the town centre."

"A 'no' would have a terrible impact on the funding agencies we depend on for regeneration projects in the town centre."

To ensure that services offered by the BID are additional to what is already delivered, CF31 has an agreement with the council which details the services they currently deliver. In its facilitator role, the council will have to pay £23,000 as part of ongoing costs involving work to set up the new BID area and the license agreement for BID software as well as this month's ballot costs. Additionally, as the council owns six properties in the BID area it will have to pay £13,000 each year for the next five years as its levy.

Liz Bradfield LDR

B-Leaf scheme rises high at Bryngarw Park

CHRIS Elmore MP has congratulated the Awen Cultural Trust on the B-Leaf training scheme being run at Bryngarw Country Park.

Mr Elmore met with some of the scheme's current trainees and cahtted to them about their experiences on the programme.

B-Leaf is a work based initiative for adults with disabilities based within the country park. It operates as a nursery and garden centre and provides an extensive training programme in horticulture and grounds maintenance. Trainees are supported by a team of staff who help them progress in whatever way they can to develop new skills, make new friends and ultimately

lead more independent and fulfilled lives.

Members of the public can buy a range of plants and flowers all year round from B-Leaf, as well as summer pots and hanging baskets filled to customers' own specifications. They also provide grounds maintenance and landscaping services for homes and businesses.

Mr Elmore said: "It has been brilliant to meet some of the B-Leaf trainees. It's clear that they're getting a lot out of the programme and is really great to see initiatives like this providing opportunities for people who otherwise might struggle to find suitable training programmes."

AS

Golfers raise money for RNLI



A cheque for £3,500 being handed over to representatives from Porthcawl's RNLI

THE Royal Porthcawl Golf Club annual charity day took place on August 1 with a full field of 155 players taking part in Rest Bay.

Chairman of the RNLI fundraising committee David Shillaw and fellow committee member Jeff John attended the event.

The Mayor of Porthcawl, representatives from the town's RNLI were invited to attend a drinks reception and cheque presentation on September 3.

Club captain Rhys James, presented a cheque to Mr Shillaw and expressed his sincere appreciation for the service provided by Porthcawl RNLI particularly in light of being announced as the busiest life station in Wales for 2018.

Royal Porthcawl Golf Club is committed to making a difference in the community by supporting charities and businesses, participating in community projects and providing employment opportunities. The annual charity day was originally set up to support the old rest home and in recent years has donated to Sandville self help centre and Lifeguard Clubs of Porthcawl.

Housebuilder's cash for Cowbridge

TAYLOR Wimpey has announced that all is going to plan with its development at Clare Garden Village (formerly known as Darren Farm) on the outskirts of Cowbridge.

In particular, the company says that it will be providing more than £5 million

which will be spent in and around Cowbridge by the Vale Council.

A spokesperson for Taylor Wimpey said: "As part of the planning agreement for its Clare Garden Village development in Cowbridge, Taylor Wimpey South Wales will be providing over £5,420,000 to the Vale Council to help improve facilities for local residents in Cowbridge."

"Over £950,000 will go towards the Sustainable Transport Contribution and over £4,131,000 will be given to local schools to boost education facilities. A contribution of £200,000 will also be made to enhance community facilities and 40 per cent of homes

will be allocated to affordable housing." Morganwg, St David's Primary, Cowbridge Comprehensive School, and Ysgol Bro Morgannwg."

Sara Taylor, Sales and Marketing Director at Taylor Wimpey South Wales, said: "We are committed to building high-quality new homes and making sure that our developments are sustainable and positively contribute to local communities."

"Education, transport infrastructure and community facilities are all among the areas that benefit from planning contributions, and we are delighted to be providing these facilities as part of our Clare Garden Village development."

"I urge anyone involved in this activity to cease immediately to avoid any serious consequences. I also call on adults who sometimes cross our railways to make their exit from a station quicker, to stop this immediately and exit all stations in the appropriate and safe manner. Many young people look to adults to set an example and if they see adults casually trespassing on the railway, then it's logical that this will send them the absolutely wrong message about this activity."

Network Rail, along with the wider rail industry and British Transport Police, have developed a campaign called You vs. Train. The aim of the campaign is to target teenagers and encourage them to think about the serious consequences for them and their loved ones when it comes to trespassing on the railway.

For more information about the You vs. Train campaign, visit the website.



Nancy's news from Treoes

PUPILS in Llangan Primary School are supporting the Rotary Club of Cowbridge to collect milk bottle tops for recycling and to raise funds for polio vaccinations.

St Mary Hill Church will celebrate its Harvest Festival service on Sunday, September 15 at 11.15am; all are assured of a warm welcome: an ideal time to meet friends and neighbours.

Saron Chapel in Treoes celebrated Harvest Festival on September 8, the service conducted by Nicole Thomas. **Nancy Davidge.**

Latest results from Bridgend Bridge Club

THE latest results for Bridgend Bridge Club are as follow.

The summer competition was played over five weeks in August: first, Debbie Lea; second, Maggie Ashpole; third, Dave Lea.

On September 4: first, Tony Ratcliff and Julian Pottage; second, David Crompton and David Bowen; third, Kevin Maddox and Tony Haworth. The winners on handicap were David Crompton and David Bowen.

On September 6: first, Steve Burgoyne and John Evans; second, Jane Brook and Wendy Williams; third, Norma and David Newman. The winners on handicap were Chris Rawlings and Teresa Griffiths.

Regular club nights take place at 7pm on Wednesday and Friday evenings at Nolton church hall. On Thursday afternoons at 2pm there is a gentle bridge session when help is available with the bidding. All sessions are played in a friendly manner, visitors and new members are always welcome.

A new course of bridge lessons have started on Monday afternoons at Nolton church hall from 3:15pm to 5:15pm and it's not too late to join the course. For more information, call Steve Burgoyne on 01656 661968 or email Steve at steve@steveburgoyne.plus.com.

Time to exercise your little grey cells

HERE are this week's teasers from the Bridgend Quiz League:

1. Which comic character lived in Bunkerton Castle?

2. Aberama Gold is a character in

which TV series?

3. The spelling of which two English counties differ by one letter?

If you are interested in joining the League, visit bridgendquiz.com.

SK

Answers: 1. Lord of the Rings, 2. Peaky Blinders, 3. The West Wing

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Glamorgan advisory committee makes plans (and raises funds) to host the Royal Welsh Show



The launch event was blessed with fine weather

(Photograph by Glyn Evans).



Jacob Anthony addresses the audience at the launch event.
(Photograph by Glyn Evans.)

THE Glamorgan Advisory Committee for the Royal Welsh Show launched with a very successful lunch held by kind permission of president-elect Mr Johnny Homfray FRAGS of Penllyn Court.

A committee spokeswoman said: "The core members of the committee worked in harmony to create the perfect setting in a beautifully decorated

marquee, being extremely fortunate with the weather and having support from not only Glamorgan supporters but people from Pembroke, Carmarthen and Monmouth. "The delicious food was provided from Vale Catering. A huge thank you goes to the sponsors: Coutts, Frank Sutton, Riverlea, HRT and Edwards Machinery Ltd who donated an array of generous items which were auctioned by Dan Jones of HRT. "Everyone was delighted to meet newly-selected ambassador elect Jacob Anthony of Cwm Risca Farm, Tondy, who thanked everyone present for attending the launch. "The committee are looking forward to supporting Welsh Air Ambulance, RABI as well as Cancer Charities in the future."



Photograph by Glyn Evans. Pictures can be purchased by contacting:
E-Mail: ffotoimage@tiscali.co.uk, Telephone 07791 228684 or www.ffotoimage.co.uk

Back to school money saving hacks

PARENTS preparing to send their children back to school have been offered handy hacks to help take the pressure off their pockets.

Shopping experts from NetVoucherCodes.co.uk have revealed five ways to make money go further as parents splash out on new uniforms and stationery before the term begins.

Deciding what is worth investing in and what can be bought in bulk can help reduce the amount of money being spent.

Being super savvy and eyeing up the best deals offered by supermarkets and stationery shops can mean there's more money to put towards school lunches.

A spokesperson for NetVoucherCodes.co.uk said: "After an expensive summer spending time with the kids, preparing to send them back off to school can be financially difficult too.

"With new uniform, stationery and shoes all being needed the expense can soon rack up – even more so if you have more than one child.

"Being a bit more thoughtful about where you spend the money and being realistic about how long items are going to last can help money go a bit further."

These are NetVoucherCodes.co.uk five handy back to school hacks:

1. Uniform: Supermarkets always have back to school offers on, so making sure you're keeping an eye on these can help keep more money in your pocket. This year ASDA are offering school uniform from £2. To be super savvy you can also

save some money on your weekly shop as you're doing it!

2. Re-use: If you have more than one child, buy one get one free offers can be great to get them all kitted out. Hand-me-downs are also brilliant, with children growing so quickly they can sometimes only be in clothes for a few weeks before they need the next size up.

3. Buy in bulk: Pens and pencils are always going to be needed and are items which will always run out. Buying in bulk at the beginning of the academic year will mean that there is no added costs throughout the terms when more pens are needed.

4. Wait: If you have a list and know exactly what you need to buy, waiting until a few days before schools start means you may be able to make the most of some great offers. Similarly, buying early before to back to school rush can help save you money too.

5. Invest: Some items are worth spending a bit more money on. A good backpack will be able to be used for many years, so can be seen as a long-term investment. A more expensive pair of shoes will also last the year, or until their feet grow out of them! Deciding what's worth the money and what isn't can help you save in the long run.

A new challenge for chess club

THERE was another match played in the East Glamorgan Chess League for the Barry Chess Club, this time in division 4.

The Barry Stauntons were away to the Pontypridd Carpathians.

This is a new team but contained three players with a year's experience, a Gwent junior playing his first East Glam game and a new player – albeit one who played many years ago.

Barry Chess Club's star performer – just as in the club championship – was Erion Pici, who defeated Rio Northey.

Peter Watkins earned a draw on board one.

This means we lost our opening fixture by 3.5 – 1.5. Still, with only one player

rated over 1100 in the Barry team is was quite a useful result.

The Barry Chess Club meets at 7:30 pm each Monday at the West End Club, St Nicholas Road, Barry CF62 6QY.

The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night but if you contact one of the club members through the website we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival.

For more details visit our website at <http://barrychessclub.yolasite.com>

PJ

A double bill from local A48 Theatre Company

RHOOSE-BASED A48 Theatre Company Ltd, set up by Kathy and Ray Thomas in 2018, is about to embark on its seventh production – a double bill of comedy and intrigue.

The Lesson by Eugene Ionesco and The Bear by Anton Chekov will be performed by a talented cast at The Market Theatre, Cowbridge, on September 24, 25 and 26 and at The Atrium, University of South Wales, Cardiff on Oct 1. All performances start at 7.30pm.

Tickets are available from WG Davies gift shop in Cowbridge or from the A48 website: a48theatrecompany.com.

Helping Kathy and Ray with their theatre venture are a number of Rhosse residents including graphic designer Jeff Heenan-Davies and

Major-based Michael Rosser, who set up A48's website. Community library volunteers Bronwen Hughes, Sheila Williams and Christine Jakeway, helped to make a success of A48's recent performance – based on the life of Dylan Thomas – at the Celtic Way Community Centre in Rhosse.

Another success was the company's touring production of Samuel Beckett's Endgame.

A48 Theatre Company welcomes anyone wanting to be part of a positive and dynamic group of people, described as: "A small, tightly-knit company offering non-mainstream productions involving ambitious, demanding but highly rewarding experiences for performers and audiences alike."

From laboratory to studio: scientist quits lab to take up art passion

TRAVEL posters bring back happy memories, and allow one to day-dream about being at a place they love or wish to visit.

Following the war, the 1960s and 1970s were a time for growth in the travel industry and travel companies used posters to reach their customers.

Graphics became bold and stylish and vintage travel posters are highly collectable today.

Local artist Clare Bates produces prints of her favourite locations across Wales in the vintage style.

She said: "I first came across vintage travel posters when travelling across Canada and fell in love with them. Each print is restricted to just several colours which makes the colour combinations truly special. I started producing location prints for family and friends, and their popularity led me to turn my passion into a business."

"I'm grateful for the fantastic places that south Wales has to offer for my work. I take photos of each location and items of interest to include, then combine images in a digital collage. My prints are created layer upon layer, simplifying the composition and restricting to several colours. This layered approach is similar to the traditional method of silk screening

that would have been used to produce posters years ago. Finally, I adjust the colours until I find the perfect combination.

"I've always had a passion for art, but as a Doctor in Particle Physics, my background is really in science. A career break to raise children gave me the opportunity to follow my dream. I learned all I could about graphic design and began my work. It's never too late to learn something new.

"I launched the business selling a collection of Tenby prints to holiday makers, and am currently working my favourite locations closer to home. My Christmas cards will be out soon."

Clare's prints are available through her website ClareBDesigns.com, at W.G. Davies in Cowbridge, at Charlton Cards on Tenby's high street.

Clare Bates, a scientist turned, artist, displaying some of her creations of local towns and landmarks.



Family makes fresh appeal to find Keith



On his birthday on September 8, South Wales Police renewed its appeal for information on the whereabouts of missing man Keith Price.

Keith was reported missing from his home address in Maesteg and was last seen at around 10am on Tuesday, August 13. Keith is diabetic and potentially vulnerable.

PC Julie Phillips said: "Keith is 64 today and should be celebrating his birthday with his family and friends but instead they are left wondering where he is and what has happened to him."

"We continue to investigate his disappearance and anyone with any information on his whereabouts is urged to get in contact with South Wales Police."

His family have also urged for Keith to get in contact to confirm he is safe and well.

In a personal message for Keith, his family said: "Keith we all love you and are concerned for you."

A force spokesperson said: "If you see Keith or have any information, please contact us on 101 quoting reference 1900299243."

Shutterbug chat for local group

MEMBERS of Barry University of the Third Age were given a talk about Don Llewellyn's life behind the camera at their first meeting after the summer break.

Mr Llewellyn, now retired, worked in television for 38 years as a cameraman and then as an editor and director.

He won a BAFTA and gold medal at the New York International Film and TV Festival during his career.

Mr Llewellyn worked on shows including *Survival of the Fittest*, which turned into *Trailblazers*, and *Sportsnight*.

The group's next meeting will be on October 7 in Bethel Baptist Church Hall, Harbour Road, from 2pm.

Anyone interested in joining the club should call Christine on 01446 701537.

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Bro Radio apprentice nominated for award

BRO Radio volunteer Kane McMahon has been shortlisted for an award at this year's Apprenticeship Award Cymru.

Kane McMahon presents the Local Music Show on Bro Radio and joined the station in June 2018, as part of an apprenticeship programme.

After his time at Bro Radio, meeting new people and building his confidence, Kane continued with the station going on to present local news and the Local Music Show, more recently becoming the head of music at the station.

Bro Radio's operations director Nathan Spackman said: "From day one Kane was enthusiastic and took every opportunity he was given. He fitted straight in and over the last year has become a vital part of the team. "We were delighted when we heard Kane had been shortlisted for this award and wish him the best."

The winners of the Apprenticeship Award Cymru will be announced in Newport on October 24.

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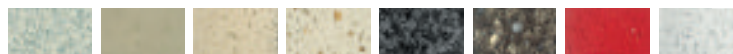
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'Don't become a statistic - seek help', FUW urges farmers

AGRICULTURE carries the highest rate of suicide above any other occupation and after World Suicide Prevention Day on September 10, the Farmers' Union of Wales (FUW) is urging those going through a tough time to seek help.

President Glyn Roberts said: "Poor mental health is an issue that affects the farming community greatly and it is well known that loneliness and social isolation can lead to mental health problems. The FUW understands that failing to deal with poor mental wellbeing could have serious

consequences and lead to the farm running inefficiently, a serious injury, relationship breakdowns, poor physical health and even worse, it could lead to suicide."

Mr Roberts added that everyone can make a contribution in preventing suicide and believes that it is by joining together, those suffering can be better supported.

"Suicidal behaviour is universal and it knows no boundaries. It can affect anyone and therefore we all have a role to play to collectively address the challenges. "Of course, preventing suicide often requires the efforts of many; family, friends, co-workers, community members, educators, healthcare professional and governments.

"We must remember that every life lost represents someone's partner, child, parent, friend or colleague. For each suicide, there are countless other people who suffer intense grief."

"So if you feel like your world is crashing down on you and you can't cope any longer, or you know someone who is vulnerable - please seek help immediately."

"We will continue to shine a light on the consequences and causes of poor mental health in our farming communities and help to not just break the stigma but to make changes to legislation and attitudes so that we can continue to see a thriving, sustainable, happy, farming sector in Wales."

Police use of contentious tech is legal, judges deem



One of South Wales Police Force's facial recognition vans.

JUDGES have dismissed a shopper's court challenge over the use of controversial facial recognition technology by South Wales Police.

Human rights campaign group Liberty took a case to the High Court on behalf of Cardiff resident Ed Bridges after he claimed his face was scanned while Christmas shopping in 2017.

His lawyers argued during the three-day hearing that the facial recognition had caused him "distress" and violated his privacy and data protection rights by processing an image taken of him in public.

But his case, believed to be the first of its kind in the world, was quashed on September 5 by two leading judges, who deemed the use of the technology was legal.

Lord Justice Haddon Cave, sitting with Mr Justice Swift, also concluded that the force's use of live facial recognition "met the requirements of the Human Rights Act."

Mr Bridges' lawyer, Megan Goulding, said: "This disappointing judgement does not reflect the very serious threat

that facial recognition poses to our rights and freedoms."

She insisted that facial recognition was "highly intrusive" and had "no place on our streets."

South Wales Police Chief Constable, Matt Jukes, said after Wednesday's ruling: "I recognise that the use of Artificial Intelligence and face-matching technologies

around the world is of great interest and at times, concern."

"So I am pleased that the court has recognised the responsibility that South Wales Police has shown in our programme. With the benefit of this judgement, we will continue to explore how to ensure the ongoing fairness and transparency of our approach."

He added: "There is, and should be, a political and public debate about wider questions of privacy and security. It would be wrong in principle for the police to set the bounds of our use of new technology for ourselves."

"So this decision is welcome, but of course, not the end of the wider debate. I hope policing will be supported by that continuing reflect the very serious threat

such as Liberty, who brought this action, and government each playing their valuable role."

South Wales Police and Crime Commissioner, Alun Michael, admitted he welcomed the court challenge because it provided an "additional and formal level of scrutiny."

He explained: "I am pleased that the judgement of the court makes it clear that the use of this technology by South Wales Police is legitimate, but the court is concerned only whether the use is legal. In addition that reassurance, is the robust systems of scrutiny and challenge that I have put in place. This reassures the public that we are getting the balance right between protecting people's rights and keeping the public safe, and this has been welcomed by the Chief Constable."

Mr Bridges has vowed to continue the legal fight.

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Events in your area

AM'S surgery

JANE Hutt AM will hold an advice surgery at Barry CAB, 119 Broad Street, CF62 7TZ on Friday, September 13 from 4.30pm - 5.30pm. No appointment necessary.

constituents are welcome.

Repair Cafe

ON September 14 from 10am-2pm, the Repair Cafe Wales will be operating in Llantwit Major Bethel church hall. Free bicycle safety checks are still on offer, and the usual household item repair team will be there to try to fix small portable household items (food mixers, toasters, vacuum cleaners, etc); IT items including printers and laptops; and fabric repair - all at no charge! Refreshments are also available.

Cuppa with a Copper

CUPPA with a copper and Vale MP Alun Cairns are holding a session this week on Friday, September 13, with PCSO Angela Stone from 2pm until 3pm at The Sycamore Tree, Colwinston, CF71 7NG. All Vale of Glamorgan

Funding secured for play park

FUNDS to improve facilities at the Highlight Park play area has been secured by MP Alun Cairns and Dyfan ward councillors. Cllrs Vincent Bailey and Leighton Rowlands, along with the Secretary of State for Wales, have been campaigning for an upgrade since Highlight Park residents raised concerns about the state of the play park.

The trio have been successful with funding secured for new play equipment.

Mr Cairns said: "This is fantastic news that finally the park will see an upgrade. Parks play a

role for children in leading a healthy lifestyle; but also they are vital to a community like Highlight Park."

Cllrs Bailey and Rowlands added: "When we were elected back in 2017 we made a promise to see the park upgraded, and we are delighted along with Alun Cairns to secure funds, and deliver on our promise."

The council will be holding a drop-in session on Thursday, September 12 at Highlight Park Community centre from 3pm - 5pm to hear residents' views.

#FarmingMatters, and so does fair reporting



Rachel Saunders of the Farmers' Union of Wales writes on Farming Matters.

THE last few weeks The last weeks have seen much of Wales in Show season, as the local and county shows have been taking place around the country.

Visiting so many of these shows has been an absolute pleasure for us. This show season, like many beforehand, has given us more opportunities to meet and discuss #FarmingMatters with members around Glamorgan and to outline what we are trying to do as a union to prepare the future for agriculture in Wales.

Everyone reading this will know that shows are important in so many ways: a time to show the quality of produce, a time to meet

and catch up with old friends and increasingly a time to demonstrate the value of agriculture to a wider audience.

At all the shows we've seen many people with little or no background in agriculture who are increasingly interested in food, food production, quality produce and buying locally; either for trust or from a belief in managing food miles. I think we are currently riding on a level of public interest, but we need to do more to help people understand what farming is all about; and getting the right support from the wider public is not straight forward, given the unhelpful and quite often factually incorrect picture painted by some in the media.

Blaming UK farmers

for climate change and twisting facts to suit the anti-farming agenda, is not the way to show support for our food producers; and farmers here in Glamorgan were mortified by recent reports, as were many others across the country. It's worth bearing in mind that overall, UK greenhouse gas emissions account for less than 2 per cent of the global total, and UK agriculture has already embraced changes to breeding and feeding regimes, animal health protocols, nutrient management and on-farm technologies in order to improve efficiency and reduce environmental impact.

So, the opportunity to talk at the shows should not be underestimated. Regular discussions with

politicians, in far more relaxed surroundings, have given us the chance to reinforce many of our concerns including the factually incorrect portrayal of agriculture in the media, future trade arrangements and wider environmental concerns.

In the coming months we will continue to meet with UK and Welsh Government Ministers to discuss our concerns, and will do our very best to ensure there will be thriving, sustainable family farms in Wales for generations to come.

On a final note I'd like to invite you to join us for our 'Sustainable Farming and Our Land' consultation open meeting, which will be held on Wednesday, October 2 at 7.30pm in The Grove Golf Club, Porthcawl.

Soroptimists support the Sam Davies Ward



MEMBERS of the Barry & District Soroptimists gathered at Hilary West's florist to show their support for the Sam Davies Ward and discuss future actions in the campaign to oppose the ward's closure.

They were joined by Alun Cairns MP and Leighton Rowlands, councillor for the Dyfan Ward, who both oppose any closure proposals.

SI Barry & District president Norma Reynolds expressed the feelings of the club when she said: "We are concerned and dismayed regarding the proposed shutting of the Sam Davies Ward, Barry Hospital."

"The Soroptimists have forged a close relationship with the ward over the past few years supporting the innovative ideas of Sister Linda Edwards. We have seen the staff on the Sam

Davies Ward introducing a varied programme of activities for patients to ensure that they have a stimulating environment during their stay at the hospital, and do not spend endless days in bed. We have been extremely impressed by the high standard of care for patients and support given to carers."

Since the announcement of the Cardiff and Vale University Health Board's reorganisation plans, Soroptimists have been actively involved in gathering signatures for the petition and to date have obtained 1,200 alone from Soroptimists, friends and family.

Hilary West whose 'Save the Sam Davies' banner is strategically placed outside her shop opposite Barry Hospital said: "In the florist shop our customers have been only too eager to sign the petition. The Sam Davies Ward is held in high regard; this ward is undoubtedly an asset to the residents

of Barry and the Vale, being readily accessible and well supported by the local community."

A number of club members have had personal experience of family, friends and neighbours being cared for on the ward. Soroptimist Jackie Memory said: "Having visited friends on the ward on a number of occasions I have seen the comfort it has brought them from being in a hospital in their hometown, where friends and family can pop in regularly. The warm, personal atmosphere and the dedication of the staff make this a very special place."

On September 23 from 1.30pm - 3pm there will be a public consultation meeting in the Glamorgan Suite at The Memo. The Barry & District Soroptimists encourage all those who are able to attend, to join them at this meeting and express their views on the proposals to close the Sam Davies Ward.

Heart screening in memory of young marathon runner

A Welsh heart charity is funding heart screening in honour of a young runner who died while taking part in last year's Cardiff Half Marathon.

The Ben McDonald Heart Screening Fund was established following the death of Ben McDonald at the Cardiff Half Marathon finish line in 2018 after he suffered a cardiac arrest.

The fund has been set up in his memory to offer free heart screening to members of the public aged between 8 and 45 in a bid to reduce the hundreds of deaths every year caused by undiagnosed heart conditions.

The public will receive a screening of their heart to determine any defects they may not be aware of. IGP will provide equipment and the facilities for the heart screening to take place and Welsh Hearts will fund the initiative.

The charity will be holding many screening days in the build up to the Cardiff half marathon and urge everyone, especially athletes and sportspeople, to get screened.

Sharon Owen from Welsh Hearts said: "I'm over the moon with how popular the screening has been and how many people have come to see us. Hundreds die every year unnecessarily due to undetected heart defects and we're determined to significantly reduce this number and our heart screening sessions are just one step towards achieving that mission. Ultimately, we want to see the Welsh Government fund these lifesaving tests so that more

lives can be saved."

Welsh Hearts launched a petition in January, calling on the Welsh Government to make heart screening free and available for 10-35 year olds in Wales but until the government pledges to support the initiative, the charity is aiming to raise £1 million with its 'Have a Heart' campaign to be able to continue to offer this service and reduce the number of young people who die from heart conditions that could be managed.

Mr McDonald's mother, Ruth, said: "To be able to carry on Ben's memory with such an important cause is fantastic and really means a lot to his family and friends. Losing someone close is an incredibly difficult thing to go through but it's comforting to know that it has helped start an initiative to save so many lives and save other families from having to go through the same thing."

Welsh Hearts will also be holding a special screening day for Mr McDonald on October 5, the day before the Cardiff Half Marathon, at his old school, St Cyres in Penarth.

Sharon Owen will be supporting Ruth McDonald as they walk the Cardiff Half Marathon 2019 together in Mr McDonald's memory.

Heart screening appointments can be made through the Welsh Hearts Charity website at www.welshhearts.org/ heart-screening-wales.

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Bike and hike in new Tŷ Hafan challenge

TY Hafan, a leading children's charity and hospice in Wales, is gearing up for its Tread & Trail event taking place on Sunday, September 29 in the Brecon Beacons National Park.

The bike and hike event will take participants on either a 15 or 30 mile cycle in the

national park, broken up by a hike up and down the peak, Pen-y-Fan, before cycling a final five miles to the finish line.

The children's charity is encouraging novice and experienced cyclists to take part in the dual-discipline challenge and has two routes available to choose from: the 'Ultimate' (15 mile cycle) or the 'Extreme' (30 mile cycle) depending on

the ability and level of challenge desired.

Leigh Halfpenny, Tŷ Hafan's ambassador, helped launch the challenge last month. Tŷ Hafan will also supply hot meals at the bottom of Pen-y-Fan for participants to refuel before completing the final, five-mile leg of the challenge.

Tŷ Hafan's head of events, Sali Thomas, said: "We're very excited to bring an event like this one to

Wales. 'Tread & Trail' is the first bike and hike event to launch in the country that accommodates advanced cyclists looking for more of a 'hard-core' challenge, while also encouraging beginner cyclists as young as 14 years old to take part.

"If you're interested in registering for the event, you can sign up online today by visiting www.tyhafan.org/tread-trail." AS

Cowbridge celebrates Country Markets' centenary



MIKE Wilcock took these photographs of the centenary celebrations for Country Markets, held in the Lesser Hall, Cowbridge, on September 6.

It is held on alternate Fridays, the next being September 20. For more information, visit cowbridgecountrymarket.blogspot.com, or go between 9.30am to midday.

GEM advice is to take a large bag for everything you may wish to buy, from cakes, to pies, to flowers and crafts. AS



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A brace of Vale restaurants are in the Good Food Guide



THE Good Food Guide has announced its top restaurants and award winners.

Alongside the finest dining establishments in the country, the guide, owned by Waitrose & Partners, celebrates quality places to eat, and includes two in the Vale: Restaurant James Sommerin in Penarth, and a new entry for The Fox and Hounds in Llanrcarfan.

The Good Food Guide was published by Waitrose & Partners on September 12, and is available in Waitrose & Partners shops and online at £17.99.

AS

For all the latest news, visit www.glamorgan-gem.co.uk

‘And I think to myself, what a Wonderwool world...’



MEMBERS of the craft group in Colwinston are busy preparing for their two-day event on September 21 and 22 in the village hall.

It is part of the Vale Makers' festival which is happening in the Vale. On both days there will be demonstrations of a variety of crafts, including polymer clay, crochet, patchwork, wet and dry felting, fabric work and printing.

There will also be another chance

to see the Colwinston panels. These are three large panels of patchwork, felt work and knitting and stitching. They took six months to make and were displayed at Wonderwool

Wales, in Builth Wells in April. There will be lots of things to buy including art work, embroidery, wood carving, fabric items and felt work.

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SIMBA is a six-month-old Staffordshire Bull Terrier cross German Shepherd. HE has a lot of energy who is looking for an active home where he can get plenty of physical and mental stimulation.

and is eager to learn, so he would benefit from attending training classes which can be provided by Dogs Trust Dog School.

As Simba is still young, he is looking for owners who are home most of the day, and can gradually build up the time being left.

Simba loves other dogs and could live with a dog already

established in his new home, but it would have to be the right dog with a similar play style.

He can live with children 14 years and above and would be best suited with children who are used to bigger dogs.

For more information, visit www.dogs-trust.org.uk.

AS

Out & About with The GEM

Picnic Penarth weekend promises the best of local street food

PICNIC Penarth returns this weekend – with a new location of Penarth town centre.

Picnic Penarth always showcases the very best of local street food providers, with a helping of family entertainment on the side and last year's event attracted more than 14,000 visitors to the Esplanade.

The event opens at 12 noon Saturday, September 14 with food and entertainment running until 10pm. Picnic reopens at 12 noon on September 15, with fun and feasting continuing to 7pm. The event will include Bella Paella, Doughnuterie, Dusty Knuckle Pizza, Ele's Little Kitchen, Hard Lines Coffee, HoGi Hogi, Keralan

Karavan, Meat and Greek, Meating Point, Mr Twister, Ridiculously Rich by Alana, The Crepe Escape, Brod – The Danish Bakery, The Hellenic Eatery, The Pudding Wagon, Tukka Tuk, Umpa Lumpa Sweet Shop, Vale Roast Meat Company and Windsor Fruits. Bars will be provided by local traders, including Bar 44 and The Bear's Head. There will be amusements and face-painting with family friendly entertainment on stage.

Picnic Penarth will be free to enter.

As with this year's Summer Festival, the event will be plastic free. Residents and visitors are reminded that Windsor Road will be closed from its junction with Arcot Street to its junction with Albert Road and



Picnic Penarth organisers are delighted to welcome back a host of lip-smacking traders from previous events.

Lower Glebe Street September 13 until can be found via Picnic will be closed from its midnight on Sunday, Penarth's social media junction with Ludlow September 15. channels and at www.picnicpenarth.wales. Lane to Windsor Road Further information from 12 noon on Friday, on the event and updates



The PODS cast of Trivial Pursuits. Photo by Dean Matthews.

Trivial Pursuits for local am-dram group

PENARTH Operatic and Dramatic Society are performing the hilarious comedy *Trivial Pursuits* by Welsh playwright Frank Vickery at the Paget Rooms from October 9 to 11.

The Trealaw and West Amateur Theatrical Society are about to cast their next production and due to the credit crunch, director Nick has had to wrestle with some difficult choices in financing and casting the production,

so he invites a few actors and some of the committee to a summer barbecue at his home to announce his decision.

The play's director, Fiona Porter Smith said: "This is Frank Vickery at his comedic best. We've assembled a brilliant cast for this production and it's one not to miss."

Tickets are on sale at www.ticket-source.co.uk/pods. For more information call Peter Knowles on 07779099378.



Wannabe: Spice Girls Show
Sat 5 Oct 7:30pm



Robert Temple Hypnotist
Sat 12 Oct 7:30pm



Oskar's Amazing Adventure
Fri 1 Nov 2:00pm



The Jerseys
Sun 3 Nov 7:30pm



Oye Santana
Fri 8 Nov 8:00pm



Pop Divas Live
Sat 9 Nov 6:00pm



Boogie Wonderland
Fri 15 Nov 7:45pm



The Best of Queen
Sat 23 Nov 7:30pm



Jackson Live in Concert
Thu 28 Nov 7:30pm

SPEAKEASY

CHRISTMAS BASH

Saturday 7 December 7:00pm

1920's style party with cocktail reception, three-course meal, live entertainment, casino tables, big swing band and disco.

Tickets: £40 each / Table of 10 £360



The Scarecrow's Wedding
Mon 2 - Tues 3 Dec



Llygoden yr Eira
Thurs 12 Dec 4:30pm



BARRY'S LOCAL CINEMA

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@BarryMemo #BarryCinema

Cinema Highlights

Matilda (U)
Playmobil: The Movie (U)
Pain and Glory (15)
NT Live: One Man, Two Guvnors
NT Live: Fleabag

14 Sept 2:00pm
20 - 21 Sept
20 - 26 Sept
26 Sept 7:00pm
30 Sept 7:00pm

Honouring William Butterfield, architect of Penarth's only Grade One listed building

WHEN The Friends of St Augustine's was founded eight years ago, members were surprised to find that there was no society to honour William Butterfield, the famous gothic revival architect who built St Augustine's Church in 1866

The church is Penarth's only Grade I listed building.

The Friends have decided to form a network of Butterfield enthusiasts, and are organising the 'Butterfield and Beyond' event on Saturday, September 21 from 11am to 4pm at St Augustine's.

Visitors from All Saints', Margaret Street, London and other well-known Butterfield buildings will attend and it is hoped that many local people will come along to support the initiative.

Cathy Grove, chair of the Friends, said: "People from all over the UK have expressed interest in the event, and I hope it will ensure Butterfield gets more recognition. "Our own wonderful building will attract



even more visitors a Butterfield church. and admiration." Tickets to the event cost £30 (including lunch). Speakers will include Dr Geoffrey Tyack, Fellow of Kellogg College, Oxford and Rachel Morley of Friends of Friendless Churches, who is working on

Age Positive Week to be celebrated at Penarth cinema

AGE Cymru is hosting a pop-up cinema event at Penarth Pavilion next month to show a range of films celebrating older age.

It will feature *A Walk in the Woods* starring Robert Redford, Nick Nolte, Emma Thompson, and Mary Steenburgen, a film based on Bill Bryson's autobiographical book that traces his return to the USA after spending two decades in England, and where he decides the best way to connect with his homeland is to hike the Appalachian Trail with one of his oldest friends.

The event, which forms part of the charity's Age Positive Week, will also feature a series of short films including one inspired by the interaction of artists with care home staff and residents, produced by BAFTA award-winning Clare Sturges.

Members of the audience will also have an opportunity to take part in a discussion, led by Film Focus Wales' Nigel Streeter, on how older

people are represented in the film industry and how they can get involved in community based film making.

Age Cymru's Kelly Barr said: "We recognise that visiting the cinema is a popular way of engaging in culture and learning about the wider world, but there are very limited realistic depictions of older people on screen."

"Hopefully, this event will encourage many older people to think about how they want to see themselves represented and to continue to enjoy meeting up with friends to see films in their local cinema."

"It would be fantastic if we could also encourage some older people to get involved in film making so that their voices are heard and aspirations are better reflected."

The event is free of charge to attend and takes place at the Penarth Pavilion on Wednesday, October 2 between 1pm and 4.30pm.

To reserve a place call 0292043 1555 or visit www.agecymru.org.uk/agepositive. AS

www.glamorgan-gem.co.uk

How to make the most of the hedgerows when it comes to foraging

AS children go back to school and the nights draw in, people are being encouraged to head to the hedgerows to make the most of the autumn fruit.

AS plastic becomes a more contentious issue, experts from GardenBuildingsDirect.co.uk have revealed five of the best fruits to be reaching for which are completely plastic, and cost, free. More people are trying their hand at foraging, but they must be aware of poisonous berries and wild mushrooms which can easily be disguised as tasty treats.

Foraging for food is legal in the UK for individual consumption, or to enjoy with family and friends, but is not allowed for commercial purposes. It must also be done only on personal land, private land with the appropriate permissions or common land – such as woods, forests, parks, fields and hedgerows, roadsides, cycle paths, canals, disused railway embankments and even cemeteries. It is important to take only the food you will eat, as animals also need to

find sustenance from the treats.

Don't risk picking mushrooms while out and about unless sufficiently well-read on the varieties that are safe for humans.

A spokesman for GardenBuildingsDirect.co.uk said: "For many years British people would turn to the hedgerows to pickle and prepare foods to get them through winter. We're trying to encourage individuals to turn back to their ancestors' ways and get stuck into foraging. Here are the top autumn foods to forage for:

1. Rose Hips: Packed full with vitamins A, C and fibre, seed pods of roses can help you fulfil your recommended daily intake of vitamins. Cook in boiling water and sieve thoroughly for rose hips to be turned into a tasty cordial, syrup, jam or jelly.

2. Sweet Chestnuts: Associated with the colder months, the distinct, spiny husk of a sweet chestnut can be sharp to touch. They work well with sausages, can be turned into a fantastic stuffing and also can be pureed to serve instead of mashed potato. They can also be

an alternative to flour in desserts, if blitzed into a fine crumb and accompanied by chocolate very well.

3. Chickweed: This weed can be found in many of Britain's gardens and hedgerows and can survive into the winter.

Popular with chickens – hence the name – chickweed can be whizzed into a pesto, or the whole plant can be added to salad.

4. Sloes: The prickly stems on sloe plants can put many people off foraging the purple fruit.

The most famous sloe recipe is sloe gin. Put plenty of sloes into gin with some sugar, leave for as long as possible – the longer it's left, the stronger the flavour. It should be stored in a cool, dark place and be shaken every couple of days, then sieved before serving.

5. Brambles: Brambles, or blackberries, can be found in lots of hedgerows, but the best flavoured ones will be found away from polluted areas like main roads.

They can be turned into a warming pie or crumble for a dessert, or can also be a refreshing snack on winter walks.

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UK EVENTS

By Coach from Cardiff

CHRISTMAS on the Cobbles



Departing Saturday 7 Dec

Calling all Coronation Street fans! Enjoy a fully guided tour of the show's outdoor sets, including a walk down the cobbles, past landmarks such as the Rovers Return. We also visit Manchester's magical, award-winning Christmas Markets.

Your break includes

- ✓ Return coach travel from Bridgend & Cardiff
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- ✓ Guided tour of the external sets of Coronation Street (lasting approximately 90 minutes)
- ✓ Visit to Manchester Christmas Markets

2 Days by Coach only £129
Single supplement £30

DOWNTON ABBEY & Bath Christmas Market



Departing Sunday 8 Dec

Enjoy a truly unique opportunity to visit Highclere Castle, filming location of the much-loved Downton Abbey TV series and feature film, which opens its doors exclusively for our customers on Monday 9th December. We also visit the award-winning Bath Christmas Market.

Your break includes

- ✓ Return coach travel from Cardiff
- ✓ Overnight stay at a selected 3 or 4-star hotel with breakfast
- ✓ Exclusive visit to Highclere Castle
- ✓ Visit to Bath Christmas Market

2 Days by Coach only £159
Single supplement £30

ANDRÉ RIEU Live in Birmingham



Departing Thursday 23 Apr

Violin master André Rieu is back with a new springtime UK 2020 tour, including a date at the Resorts World Arena in Birmingham. Don't miss the chance to see the 'Modern King of Waltz' perform with his 60-piece Johann Strauss Orchestra!

Your break includes

- ✓ Return coach travel from Bridgend & Cardiff
- ✓ Overnight stay at a selected 3 or 4-star hotel in the Midlands area with breakfast
- ✓ Ticket to André Rieu concert at the Resorts World Arena, Birmingham (lower tier)
- ✓ Return coach transfers from the hotel to the Resorts World Arena
- ✓ En-route visit to Stratford-upon-Avon

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If you struggle to reach your feet turn to RS Podiatry

RS PODIATRY is a well-established Podiatry and Chiropody practice, based at Highlight Park Medical Practice in Barry. Rebecca is fully qualified, having gained a BSc (Hons) degree in university and she is a trusted member of The Society of Chiropodists and Podiatrists, and The Health Care Professions Council.

services are available to all ages, from children to the elderly – whether for the treatment or diagnosis of a specific foot condition, to simple nail cutting.

We specialise in the treatment of nervous patients and can accommodate patients with impaired mobility.

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For more information, or to book an appointment, please call 01446 734064.

Five ways to a less stressful day

SOME mornings you seem to breeze through the early hours. You've got time to sit and drink a cup of coffee, eat a healthy breakfast and even leisurely catch up on the day's news.

Other days, your alarm goes off and you just about find time to brush your teeth before rushing out of the door.

While having a calm and peaceful morning can feel like a rare and magical occurrence, there are simple ways you can make every early start a bit less hectic – even when you're short of time.

We asked experts to give us their top tips for making a busy and stressful day ahead more manageable.

Practise easy gratitude:

Rather than rushing into the shower when your alarm goes off, it's important to take time to pause and ease yourself into the day.

Happiness consultant Samantha Clarke, speaking on behalf of Dorset Cereals (dorsetcereals.com) suggests doing this by trying a short 10 to 20

minute meditation.

Clarke recommends using an app like Calm (calm.com) or Headspace (headspace.com) to guide you through the process. If you're really short of time, even just listening to a soothing playlist on your commute to work can help to give a dose of on-the-go relaxation.

Have a digital detox;

Managing your use of technology can be a real time-maximiser in the mornings. Life coach Danielle North recommends switching out your phone for an old school alarm clock, so you can keep your devices turned off overnight.

She explains: "Once the smartphone is off, it's easier to not grab it first thing in the morning."

"Perhaps you'll even wait until you leave the house to switch in on? Either way, this habit can really help to ease stress and anxiety as well as lower your daily smartphone usage."

Fuel the body;

Breakfast is the ideal opportunity give your body a good start to the day, because you're literally breaking a fast.

Nutritionist Rosie Mullen says: "The body is fasting as we sleep so when we wake up we



PA Photo/iStock.

need to fuel it correctly to give you energy for the morning."

Many studies have linked eating breakfast to good health, including better memory and concentration, energy levels and reduced risk of diabetes.

Introduce your senses to the day;

"This is often overlooked, but it's important to try and let the natural senses meet the day," says comparison coach Lucy Sheridan.

"Taking a shower in natural light reduces your exposure to artificial lighting that can

overstimulate the senses, leading to stress and anxiety," she says.

"This isn't always possible in the winter months but it's a habit to try and adopt where you can."

Enjoy the little things;

Having a moment to yourself is really important, especially if you spend most of the day focused on kids, friends or colleagues.

"Taking as little as 10 minutes to yourself on a morning will set your mindset for the rest of the day," says anxiety expert Chloe Brotheridge.

A low cost nail cutting service is now available

AGE Connects Cardiff & Vale provide a low cost nail-cutting service as part of basic foot care services to older people in the community.

We work from clinics throughout Cardiff and the Vale, with new clinics currently running in Cowbridge and Penarth and our nail-cutting assistants are trained by the Cardiff & Vale University Health Board. There are no age restrictions and the service is available to anyone who is unable to cut their own toenails (certain health restrictions apply) at a cost of only £14 per session. Further information on 02922 331113.

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The eyes have it - five ways to tackle dark circles and bags

THEY say the eyes are the window to the soul - but if you ask us, the eyes are the window that reveals exactly how tired we really are.

But there are steps you can take to prevent, treat and - if need be - hide your eye issues - and you might be surprised by how simple some of them are.

Here, experts offer six tips for tackling common concerns.

1. Protect your eyes from the sun

"Sun exposure can often make dark circles worse as it increases the melanin content," says

cosmetic dermatologist Dr Simon Zokaie, medical director of the Linia Skin Clinic on Harley Street. "So wearing sunglasses, a hat and sun-glasses is important."

2. Stay hydrated

"One simple tip is to stay hydrated, as dehydration, especially after overindulging in salty foods and alcohol, can definitely exacerbate the appearance of eye bags," says Dr Granite.

3. Get a good eye cream

Lighter is better when it comes to eye products, says GP and aesthetics doctor Kalpna Pindolia, founder of Envisage Aesthetics: "Creams

applied to the area can be heavy and gels may contribute to puffiness, so lighter serums tend to be a better vehicle for topical potions."

4. Try natural remedies

You don't have to spend a fortune to find effective temporary relief for tired eyes.

"Some of the more 'natural' techniques include the use of cucumber or potato slices, cotton pads soaked in milk, caffeinated teabags or the application of cold spoons. They help constrict the blood vessels, which reduces puffiness and gives a lighter appearance around the

5. Conceal and cover

While eye creams and treatments take time to work, make-up is an instant fix for dark circles.

Peach or orange tones can reduce the blue hue caused by superficial blood vessels.

6. Consider an aesthetic treatment

"If dark circles and undereye bags do not seem to budge with at home measures such as cool compresses, emollients and concealer, consider consulting with an aesthetic practitioner to see if undereye (tear trough) filler is an option for you



Come and meet the dedicated team at Vale Foot Clinic.

Home Physio Company – with you every step of the way

IT was World Physical Therapy Day on September 8; it is observed to generate awareness of the crucial contribution physiotherapists make to society.

The Home Physio Company sees on a daily basis the vital need for people to keep moving, keep well and maintain independence. Last week, tears of happiness were shed (from physio and client!) when one client walked independently with her walking stick for the first time since her stroke.

There were celebrations when another client was able to stand

by herself, having been reliant upon a passive hoist only months before. Suzy Battle (née Gluck) says these successes are the best part of her job: "Seeing life-changing developments after a lot of hard work by a client is a fantastic reward."

The Home Physio Company comes to your home to assess and plan your rehabilitation; "We work with a team ethos – physio, client, relatives, carers, friends – everyone can play a role to improve someone's future." The company really listens to your needs, then goals are set around exactly what you want to achieve.

Please get in touch to see how we can help you.

Begin now with Barry Pilates

BARRY Pilates is now booking places for their new Pilates beginner's class, starting on Thursday, October 3 at 11.15am.

The class will introduce you to Pilates and is suitable for complete beginners and those with a little experience. Classes are led by Sharon, a highly experienced and qualified Pilates teacher. Exercises are performed on the mat in a range of postures including standing, lying down and side lying.

Balance, flexibility and strength are all important areas to work on for a strong healthy

body. Pilates can help you improve your balance, strengthen your body and core, stretch your muscles and mobilise your joints. People usually feel relaxed and revitalised after the Pilates classes – Pilates classes are a great way to take care of yourself.

If you are more experienced, there are a range of Pilates classes from beginners to advanced and private one-to-ones.

Classes are held at St Nicholas Hall, Barry, CF62 6QX. There are only 12 places in the new beginner's class, which is £49 for six weeks; to book, contact Sharon on 07830 085606 or email sharonpilates@hotmail.com.

Barry Pilates Classes

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At St Nicholas Hall, Barry

New Beginners Pilates Course
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The Vale Foot Clinic celebrates its 10th anniversary!

THE Vale Foot Clinic opened in Dinas Powys in 2009 and due to overwhelming success, took the opportunity to expand into Barry in 2015.

All types of chiropody and podiatry treatments are offered from diabetic foot care to a specialist musculoskeletal clinic, where gait analysis/biomechanical assessment is provided. Business owner Jane Blasizza confirmed the launch of new services to mark their 10th anniversary.

She said: "We're really excited about our new 'Simply Nails Clinic,' where patients who require simple nail cutting can have this done at a reduced cost."

"Pedisafe is another service being launched – an industry leading aesthetic method of toenail reconstruction. Patients with fungal, damaged or psoriatic nails can all benefit from this service and proudly show off feet previously hidden in closed

footwear." All podiatrists at the Vale Foot Clinic are HCPC registered and hold a BSc (Hons) degree in Podiatry. To make an appointment, call 01446 677117 or visit them at www.podiatrywales.co.uk.

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We also offer bridal packages and gift vouchers. (Mention 'Barry Gem' upon booking and receive 10 per cent off your first treatment!)



Vale Singing Group is Expanding into Penarth!

THANKS to support from Glamorgan Voluntary Services through the Supporting Older People in the Vale revenue funding scheme, With Music In Mind is extending its singing and social groups to Penarth.

Groups are designed to be informal and fun and are open to anyone over the age of 50 – singing ability is not important!

With Music In Mind is based on research that shows that singing in a group reduces stress and loneliness and improves memory, mood and wellbeing.

Groups consist of an hour of group singing led by the musical director, Matthew, followed by refreshments, which are provided,

and a further hour of social activities.

Staff member Lindsey Newman said: "Seeing the members forming friendships within the groups, which then continue, is wonderful. I have had several members comment to me about how their self-confidence has improved since joining."

The new group will be held at the St Augustine's Parish Hall, Albert Road, Penarth, every Wednesday from 10am to 12 noon, except for the second Wednesday of the month, when the hall is unavailable.

The first session will be on Wednesday, September 18, 2019. If you would like to find out more about any of the groups, call Sarah and Kate on 07500 776295.

How to avoid the agony of lower back pain

ALTHOUGH rarely serious, back pain is extremely common and can be a real bane. Liz Connor talks to the experts.

Whether it's a dull ache after lugging a heavy bag around all day, a telltale twinge while doing some heavy lifting in the garden, or the price of sitting at a desk day in, day out – back pain is never fun to deal with.

It is, however, extremely common. Lower back pain – also known medically as 'lumbago' – is one of the most common reasons why people visit the doctor in the UK, and it's estimated that up to eight in every 10 people are affected by it at some point in their lives.

Fortunately, in the vast majority of cases, back pain isn't triggered by anything serious and will usually improve with time, and there are lots of measure people can take to prevent or relieve symptoms.

There are sometimes occasions, though, when back pain can be a sign of an underlying cause that needs closer attention and management.

So, what are some of the warning signs and what should you do if you're experiencing symptoms? Here, experts explain more...

Why does lower back pain happen?

"Lower back pain, or lumbago, occurs when there is a problem with ligaments, muscles, discs, nerves or vertebrae – the bony structure that makes up the spine," says Dr Luke Powles, associate clinical director of Bupa (bupa.co.uk), who assures that it's an extremely common issue.

"Back pain that develops quickly and lasts for less than three months is called 'acute back pain'," he adds.

Pain that goes on for longer than three months, meanwhile, is classified as 'chronic back pain' – and indicates that any treatment carried out in the initial three months has not been successful. However, this still doesn't mean that there's a serious underlying medical cause – although the pain can be frustrating to live with.

"Three main causes of back pain are force, repetition and inactivity," says Powles. "Heavy lifting can lead to muscle or ligament strain resulting in painful muscle spasms, as can repetitive movements such as twisting or bending the spine. Similarly, bad posture and sitting for long periods of time can have ill-effect."

What can I do to relieve back pain?

Although it may sound counterintuitive at first, rest isn't always the best solution. Often, the best way to manage back pain is to stay active, and in some cases painkillers may help, says Powles.

"Many still believe that long periods of laying down will relieve symptoms, but this is a myth. It may feel relaxing at first, but prolonged periods can make the pain worse," he says.

Powles suggests regular low-impact activities such as walking or swimming, which can increase strength and build up endurance in your back. "Include exercises into your routine that build muscle strength in your abdomen and back; strengthening your core will help alleviate the pressure on your back," he advises.

If the pain doesn't subside within a couple of weeks, is getting worse or not responding to self-management or over-the-counter painkillers, visit your GP and/or check in with a physiotherapist.

Rediscover health and fun with Miranda Lee Dance school!

MIRANDA Lee Dance is a Ballroom and Latin American dance school for adults based at Barry Yacht Club, Barry Island, teaching all the dances that you see on 'Strictly.'

Miranda Lee Dance opened its doors in 2010 and has gone from strength to strength. Classes are fun, friendly and structured, we have a wonderful social side including social dances and dance weekends to enjoy. We also offer IDTA amateur medal tests (optional).

The school has a welcoming, fun and vibrant atmosphere. Learning

to dance is a wonderful hobby for couples and solo dancers: it exercises the body and mind and is a great way to socialise and make great friends. The bar is open for the evening classes!

Miranda Lee Dance offers evening group classes and private tuition and has a new beginner's class starting this month on Monday, September 23 from 7pm until 8:30pm, and is £8 each.

If you are interested, call Miranda for details (including access information for Barry Yacht Club) on 07920 558507.

In the meantime – check out my website reviews!

Send your news reports and pictures to editorial@glamorgan-gem.co.uk



An informal and relaxed singing group for people aged 50 and over to get together, socialise and have fun. The groups run weekly, are led by experts, and involve singing, chatting and other activities.

Anyone of any background and singing standard is welcome.

New! Penarth Group

Wednesdays 10am-12pm

(excluding 2nd Wednesday each month)

**St Augustine's Parish Hall,
Albert Road, Penarth, CF64 1BX
• Starts September 18th 2019 •**

Groups & Times

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Llantwit Major
Llantwit Major.
Thursdays
2.15pm-4.15pm

Cowbridge
Duke of Wellington Ballroom, Cowbridge.
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Journey's end



The memorial in Isigny-sur-Mer that marks the spot where General de Gaulle gave his first speech to the French people after D-Day; the Normandy American Cemetery and Memorial at Colleville-sur-Mer; one of the specialities of the region: Caramels D'Isigny.

Continued from last week.

NORMANDY is blessed with rich, fertile land.

In many ways it resembles – aside from the marshes – stretches of Dorset and Devon. Unsurprisingly, farming is big business there, and perhaps the largest of these is the dairy at Isigny-sur-Mer, a town twined with, by happenstance, Kingsbridge in Devon.

The town sits at the confluence and estuary of four rivers, including the Vire, close to the Baie des Veys, and is famous for its AOC butter and cream, as well as for the production of Mimolette, Pont-l'Évêque, Camembert, and Trésor d'Isigny cheeses, among others.

The rivers, and its proximity to the Channel (what else would *sur mer* mean?), have made it a prime location for the cultivation of oysters and

mussels, and no trip here is complete without a vast bowl of *moules* and an unfinishable stack of *frites*. And yes, do have the French fries with mayonnaise. Most of the time it's homemade...

Again, the visit coincided with a busy market day and even the aroma of grilling merguez sausages failed to overwhelm the fragrance from the gloriously fresh fruits and vegetables, all from within five miles or so.

In another nod to our American friends, the *commune* of Isigny-sur-Mer includes Omaha Beach. Despite sustaining losses of more than 2,400 men on D-Day, by that day's close, around 34,000 troops had gone ashore.

The primary objective at Omaha was to secure a beachhead some five miles deep between Port-en-Bessin and the Vire River, linking with the British landings at Gold to the east, and reaching Isigny to the west to link up with VII Corps landing at Utah.

Many of the casualties are at rest in the Normandy American Cemetery and Memorial

– it contains 9,388 dead – at Colleville-sur-Mer. The cemetery featured heavily in some rather turgid scenes of *Saving Private Ryan*.

I find that US war cemeteries are full of a very different sort of symbolism to, say a Commonwealth War Grave Commission cemetery. CWGC ones feature a Cross of Sacrifice if the cemetery contains 40 or more casualties, and a Stone of Remembrance for 1,000 or more.

US ones feature all manner of statuary with weighty titles such as *Spirit of American Youth Rising from the Waves*.

It's not unlike the names, leaden with symbolism, assigned to US military operations, such as "Desert Shield", "Infinite Justice" or "Enduring Freedom".

Names for UK military operations are created at random by a Sinclair ZX81 in a basement of Main Building. A press of a button and out pops – via a teletype – a proper name, such as Granby or Grapple.

An exception is Lucky Alphonse (the British sweep

of the Troodos area on Cyprus for EOKA in 1956). Back to Isigny-sur-Mer, which – by comparison to Saint-Lô – got off quite lightly, being only 60 to 65 per cent destroyed by two aerial bombardments on D-Day+2.

For this, and for the part the town played in the landings, General de Gaulle visited on June 14 and famously spoke to the French people. A monument in the centre ville records this.

The town has another claim to fame. An awful lot of begatting was done by Jean-Christophe d'Isigny ("of Isigny") and his descendants until they moved to Lincolnshire in the late 16th Century.

D'Isigny became Anglicised, the village became Norton Disney, and...

Well, there would be no *Lion King*, *Frozen*, or *Aladdin*, nor (shudders) Disneyland had other descendants not popped across the pond to begat Walt. Perhaps they should have stayed in Normandy...

Words and photographs by AJ.

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Royal wedding dress designer opens charity superstore



ROYAL wedding dress designer David Emanuel officially opened Bridgend's new Sue Ryder charity superstore last week.

Mr Emanuel, best known for designing the dress worn by Princess Diana on her big day, was given the honour of cutting a ribbon to mark the store open for business.

A spokeswoman for the charity said: "In just the first two days of trade, the new superstore raised enough funds to keep of one of the Sue Ryder family support teams running for six days."

South Seas and Petanque for Vale Probus Club

AT the last meeting of the Vale Probus Club, members welcomed Tim Douglas-Jones who gave an illustrated talk on 'The South Seas'.

Tim's talk was accompanied by stunning photographs of the islands and their natural beauty.

Recently, the Vale Probus Club was welcomed by the City of

Llandaff Petanque Club to partake in an informal boules tournament.

After a crash course in the rules and etiquette of the game, there was a demonstration by the hosts to help the uninitiated.

Ten teams were formed, and each team was joined by a seasoned player from the host club to ensure fair play and to inject some expertise into proceedings.

LG

£18.5 million upgrade for Barry school

EXTENSIVE plans to modernise and upgrade facilities at Welsh medium school Ysgol Gymraeg Bro Morgannwg, with additional capacity for up to 299 new students, has been announced.

The £18.5 million project will be undertaken by contractors ISG to redevelop and extend the Barry school. Procured via the "SEWSCAP" capital works framework, the scheme forms part of the Welsh government's 21st Century Schools and Colleges Programme, designed to transform and upgrade the country's education estate.

The improvements

will include five new extensions, a design and technology teaching block and sports hall. There will also be six new multi-use games areas and a floodlit 3G all-weather rugby sports pitch, which will be available for community use out of school hours. This is in addition to a new coach park enabling easier access from Port Road. The new elements will extend capacity and create modern teaching spaces, and the contractors will carry out an extensive phased refurbishment programme across the existing school campus, working closely with the school during term time and holiday periods to refurbish and upgrade existing accommodation.

The eternal question: 'Is there intelligent life out there?'

REGULAR readers of **Cosmology Corner** may remember my mentioning the **Fermi Paradox** in a previous article.

Otherwise known as The Great Silence, it asks the question: If there are upwards of 300 billion stars in a galaxy and untold billions of galaxies in the universe, why, if life is not just unique to our own planet Earth, have we not heard from, or found any other sign of intelligence elsewhere in the cosmos?

The two halves of NASA's James Webb space telescope have now, at last, been connected at Northrop Grumman's facilities in California. Due for launch in March 2021, once it reaches space this powerful and complex telescope will explore the cosmos using infrared light from planets and moons not only from within our own solar system, but also from the most distant galaxies and everywhere in between.

In a paper published on June 21, 2019 in The Astronomical Journal, a study team led by Jacob Lustig-Yaeger, an astronomy student at the University of Washington claims that the Webb telescope, Hubble's successor, will be powerful enough to search for life signs in the atmospheres of exoplanets, ie planets which orbit distant stars.

There is particular speculation that Webb may find such biosignatures in the atmospheres of the seven rocky, Earth-sized planets which are known to orbit the red dwarf star Trappist-1 which is just 39 light years away – right next door, cosmologically speaking!

Three of these worlds orbit in the star's so called Goldilocks Zone, where temperatures allow for liquid water to exist on their surfaces and are, therefore, potentially habitable. Consequently, they have been the subject of detailed study over recent years, but there are limits to what else current telescopes can tell us about them.

The Washington study team have used computer modelling to find the most efficient way to use the Webb telescope and now seem confident that, if, as suspected, these three planets have atmospheres, then despite the possibility of clouds, Webb will be able to analyse them for biosignatures such as oxygen and methane within just one year.

Astronomers say that the James Webb space telescope will be invaluable for studying rocky planets like Earth, and many more of these rocky worlds are being discovered all the time with lots more expected by the time of Webb's launch in 2021. In our own Milky Way galaxy alone, it is estimated that there are billions of such worlds and the Webb might provide the first compelling evidence for life on one (or more) of them. Even if it doesn't – it will surely help to revolutionise our understanding of these planets.

The Trappist-1 planetary system is unique among such systems as known so far, with seven Earth-sized exoplanets.

Could any of them have life?

They are ideal candidates for further study by the Webb and may perhaps, allow us to hear just a whisper in the Great Silence.

Norman Lloyd

Campaign to stop ward closure backed by councillors

PATIENTS in rural areas of the Vale of Glamorgan could face "huge problems" if a hospital ward closure means they have to travel further for care, councillors have said.

A campaign to save the Sam Davies ward at Barry Hospital from closure has been backed by councillors and the Vale Council will demand clarification over the long-term future of the hospital after councillors unanimously backed a motion on September 9.

The Sam Davies ward, a 23-bed rehabilitation ward for older people, could close under plans by Cardiff and Vale University Health Board (UHB). Vale councillors said patients from Barry and the rural Vale could be forced to travel to Llandough or even Cardiff for 'step-down' care.

The health board says it wants to get patients home sooner as even short stays in hospital with reduced mobility can lead to muscle wastage, especially among elderly and frail people.

Cllr Gordon Kemp told the meeting his mother-in-law was transferred from the Heath and Llandough hospitals to the Sam Davies ward, where she died in August. He said that one Saturday night, the family was concerned his mother-in-law was deteriorating, but was told there would not be a doctor until the following Tuesday. The family called the out-of-hours service and a doctor arrived at 4am.

Cllr Kemp forwarded an amendment calling for the health board to "properly fund" Barry Hospital, which was accepted by councillors.

He said: "While I fully support the Sam Davies ward, my concern is under-funding generally. I feel the problem here is the ward and the hospital generally is not sufficiently funded by the health board. No one wants to close anything unless they have to, but if funding was available this could be properly resourced and maintained and a better service would be provided there."

Patients at the Sam Davies ward would receive their care at either University Hospital Llandough or closer to home.

The agreed motion states the Vale Council "regrets" the proposals to close the Sam Davies ward and "fears the impacts the closure of the ward will have, and the additional pressures it will place on ambulance staff". It also says the council "shares trade union concerns in relation to the proposals and consultation" – trade union Unison has been campaigning on the issue.

The council will also ask the health board to clarify the future of the hospital and fund the ward and the hospital properly – following amendments to the motion from opposition parties. Councillors voted to remove a line in the motion calling on the Welsh Government to 'ring fence' new funds from Westminster to support the ward and local medical services.

Conservative councillor Janice Charles, who put forward the original motion, told the meeting there is "a lack of good community care" for patients to stay at home.

She said: "These patients without intervention could bounce back to hospital very, very quickly."

Cllr Gwyn John said he was "fully behind" saving the Sam Davies ward. He said: "To go to Llandough or to the Heath is a huge problem for many people in the rural Vale. We must save the Sam Davies ward; it's as simple as that."

Council leader Neil Moore also supported saving the ward and called on the health board to clarify the long-term future for Barry Hospital.

Cardiff and Vale University Health Board has started an engagement process on its proposals, which it said would improve the care for frail older people in the Vale of Glamorgan.

A health board spokeswoman said: "When patients no longer need to be in hospital, they should be able to leave with appropriate support in place more quickly, in order to give them the best chance of continued independence and dignity in their own home or a community setting."

Joseph Grey, clinical director of clinical gerontology at Cardiff and Vale UHB said: "The new proposals will help improve independence and mobility. They will also offer better opportunities for patients to recover more quickly and to return home in a more timely fashion with appropriate support in the community."

"We are inviting people to give us their thoughts and comments on these proposals which will help us to shape our services for frail older people in the Vale of Glamorgan."

The eight-week engagement on the care of frail older people in the Vale of Glamorgan will end on November 1 and the Health Board will also hold a public workshop on Monday, September 23 between 1pm and 3.30pm at the Barry Memo Arts Centre, Gladstone Road, Barry, CF62 8NA.

Matt Discombe, LDR

Comic Relief funding workshops to be held

GLAMORGAN Voluntary Services and Cardiff Third Sector Council are running free workshops for organisations, including town and community councils, about Comic Relief Community Fund in Wales grants.

Organisations applying for a grant must have a socially focused purpose, annual income of less than £250,000 and grant applications must encompass one or more of Comic Relief's four strategic themes:

Children Survive and Thrive; Gender Justice (women and girls); A Safe Place to Be and Mental Health

Matters.

To find out more, organisations are invited to attend any of the following free workshops:

September 17, 2pm to 4pm, Cardiff Third Sector Council Office, Third Floor, Baltic House, Mount Stuart Square, Cardiff, CF10 5FH;

September 24, 2pm to 4pm, CF61 Centre, Station Road, Llantwit Major, CF61 1ST;

September 25, 2pm to 4pm, Barry Community Enterprise Centre, Skomer Road, Barry, CF62 9DA.

For more information and to book your workshop place, contact Dave Edwards on 01446 741706 or e-mail dave@gvs.wales.

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Family Notices

JOHNSON

Carol

Carol passed away peacefully at Marie Curie, Penarth on 4th September 2019. Much loved wife to Andy, mum to Heather and Hazel, nanny to Aled and Gethin.

The service will take place on Tuesday, 17th September at 11am at Coychurch Crematorium. Family flowers only. Donations, if desired, in memory of Carol, to Velindre and/or Marie Curie Care, c/o the funeral director

WEAVERS

John Michael

Suddenly on Monday, 2nd September 2019 after a short illness, John of Geraint's Way, Cowbridge. Beloved husband of Margaret, dearly loved father of Sarah and the late Andrew, a much loved father-in-law, grandfather and brother.

Funeral service at Cowbridge United Free Church, on Thursday, 19th September at 12.15pm, followed by cremation at Coychurch Crematorium at 1.45pm. Family flowers only. Donations in lieu of flowers, if desired, to Wales Air Ambulance c/o Gareth and Rhodri Howell of E Esajas & Son Funeral Directors, 39 Bridge Street, Kenfig Hill, Bridgend, CF33 6DB. Tel 01656 740491.

FOWLER

Eunice Doreen

Sadly at home on the 29th August 2019, aged 91 years, Doreen's life ended. She was surrounded by the love of her three granddaughters and cradled in the arms of her loving daughter Kathy. Beloved wife of the late 'Jack' cherished mum to her daughters Katherine and Alicia, devoted nana and adored great nana.

Doreen will live on in the wonderful memories she made with her family.

Resting at A.G. Adams Funeral Care until the Service in Cardiff and Glamorgan Crematorium on Tuesday, 17th September at 12 noon. Flowers may be sent to A.G. Adams Funeral Home.

BARNFIELD

Lyndon (Barney)

Peacefully passed away at Holme Tower after a short illness bravely borne on 2nd September 2019, aged 67 years. Loving husband to Maria, beloved dad to Nicola and Mark, proud grandad of Dylan.

He will be greatly missed by all of his wonderful family and friends.

Resting at A.G. Adams Funeralcare, until the service in the funeral home Chapel on Wednesday, 18th September at 1pm, followed by an interment at Barry Cemetery.

Flowers may be sent directly to the funeral home or donations may be made in memory of Lyndon to Cancer Research at the service.

KEMP

Irene

Peacefully on 29th August at Llandough Hospital, surrounded by her loving family. Irene an adored mum, nan and great nan will be greatly missed by all who knew and loved her.

Resting at Robert D Johnson Funeral Directors, 29 Holton Road, Barry. A service to celebrate Irene's life will be held at the Cardiff & Vale Crematorium, Port Road, Barry on Wednesday, 18th September at 3pm.

Family flowers only by request. Donations in memory of Irene can be made at the service to the Dogs Trust.

One of Irene's final requests was that everyone wear bright colours at her funeral service. For all enquiries telephone 01446 733844.

EVANS

Lorraine Frances

Peacefully on 5th September at Bella Vista Nursing Home, Barry, Lorraine (formerly of Rhoose and Llanmaes). Beloved wife of Trevor, mother of Susan, Clare, Philip and Stuart. Mother-in-law of Richard, Darren, Amanda and Kerry. Cherished gran of Hannah, Sophie, Daniel, Jack, Kai, Lucy-Jo, Morgan, Cerian and Catrin.

Resting in the care of W. James & Sons, Funeral Directors, Fonmon, until her service at St. Peter's Church, Rhoose on Friday, 20th September at 2pm, followed by a committal service at Cardiff and Glamorgan Crematorium, Barry at 3pm.

Family flowers only. Donations, if desired, can be made in memory of Lorraine to Alzheimer's Society c/o the funeral director.

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Family Notices

JONES

David (Dai airplane)

Passed away peacefully on 4th September 2019, at Holme Tower. Loving husband to Ann and adored dad to Angie and Emma and father-in-law to Wayne. The best granddad to Jasmine, Molly and Joseph and Inky the dog. Dave is resting at W.A. Brown Funeralcare until his funeral service on Friday, 20th September at 10am at Cardiff & Glamorgan Crematorium, Barry. Family flowers only. Donations, if desired, in lieu of flowers, in memory of Dave, may be made to Marie Curie Cancer Research.

In Memory

PINKARD

Pam

17th & 18th
September

Always in my
thoughts.

Love, Bri xxx

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To apply for the post, please contact the school to request an application form, full job description and personal specification.

Closing date for applications:

Monday 8th October 2018.

Completed forms must be returned by
midday on Tuesday, 1st October 2019.

Public Notice

Goods Vehicle Operator's Licence

Cymraeg Vending Ltd of Unit 11 Woodham Road, No.2 Dock, Barry, CF63 4JE is applying for a licence to use Unit 11 Woodham Road, No.2 Dock, Barry, CF63 4JE as an operating centre for 2 goods vehicles and 0 trailers.

Owners or occupiers of land (including buildings) near the operating centre(s) who believe that their use or enjoyment of that land would be affected, should make written representations to the Traffic Commissioner at Hillcrest House, 386 Harehills Lane, Leeds, LS9 6NF, stating their reasons, within 21 days of this notice.

Representors must at the same time send a copy of their representations to the applicant at the address given at top of the top of this notice. A guide to making Representations is available from the Traffic Commissioners office.

PUBLIC NOTICE LICENSING ACT 2003

To whom it may concern. We, BQ Trading Ltd, do hereby give notice that I have applied to the licensing authority (Vale of Glamorgan) for the variation of a premises licence at 18 Windsor Road, Penarth, CF64 1JH, known as Baroque.

The Application is to vary the Licence including:

Regulated entertainment Sun - Sat 08:00 - 03:30.

Retail sale of alcohol Sun - Sat 08:00 - 03:10.

Late night refreshment Sun - Sat 23:00 - 03:00.

Opening hours Sun - Sat 08:00 - 03:30.

A copy of the application can be viewed at the Licensing Authority's address during normal office hours.

It is an offence knowingly or recklessly to make a false statement in connection with an application, the maximum fine on summary conviction being £5000.

Signed: BQ Trading Ltd

Date: 5th September 2019

It is an offence knowingly or recklessly to make a false statement in connection with an application, the maximum fine on summary conviction being £5000.

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Signed: BQ Trading Ltd

Date: 5th September 2019

TEMPLEMAN

Bradley James

Passed away peacefully on 5th September 2019 at the University Hospital of Wales surrounded by his loving family. Son of Ron and the late June and brother to Clay, brother-in-law to Jo and uncle to Paul.

Resting at A.G. Adams Funeralcare, until the service in the funeral home Chapel on Tuesday, 17th September at 2pm, followed by a committal service at Cardiff & Glamorgan Crematorium, Barry. Family flowers only. Donations may be made in lieu of flowers in favour of The British Heart Foundation at the service.

SPURWAY

Mary (née Saunders)

Peacefully with family on 29th August 2019, aged 80 years. Loving mother to Sue and Jason, cherished grandmother to all her grandchildren and great-grandchildren. Mary will be sadly missed by all her brothers and her sister.

Resting at A.G. Adams Funeralcare, until the service in the funeral home Chapel on Monday, 23rd of September at 10am, followed by an interment at Barry Cemetery.

Family flowers only. Donations may be made in memory of Mary in favour of The Hafan Children's Hospice at the service.

ALCOCK

David Cyril

Suddenly on 6th September 2019, aged 73 years, devoted husband to Gwen, loving dad to Sarah, Natalie and Wayne. Father-in-law to Terry and Michelle, cherished Grumpy to all his grandchildren.

David will be sadly missed by all his family and friends.

Resting at A.G. Adams Funeralcare, until the service at Cardiff & Glamorgan Crematorium, Barry on Monday, 23rd September at 2pm. Family flowers only, donations may be made in lieu of flowers to The British Heart Foundation at the service.

LAMBERT

Colin

Sadly passed away at home on 6th September 2019, aged 87 years. Loving father and grandfather.

Resting at A.G. Adams Funeralcare, until the service in the funeral home Chapel on Tuesday, 24th September at 2pm, followed by a committal service at Cardiff & Glamorgan Crematorium, Port Road, Barry.

Flowers may be sent directly to the funeral home or donations may be made in lieu of flowers to The Royal British Legion at the service.

EVANS

Polly (née Holland)

Passed away suddenly on 1st September 2019 at the University Hospital of Wales. Beloved wife of the late Malcolm. Adored mum to Dean and Matthew and mother-in-law to Louise, and incredible grandmother to Joshua, Callum and Keelie. Wonderful sister to Albert, Kathy and the late Ivor, and a loved auntie to Carys and Roxanne and great auntie. Ps - also mum to Ruby.

Polly will be greatly missed by all her family and friends.

She will live on forever in our hearts.

Resting at A.G. Adams Funeralcare until the service on 20th September at 1pm at our Chapel of Rest, followed by interment at Barry Cemetery at 2pm. Flowers welcome. Donations, if desired, in memory of Polly, may be made to PDSA.

Thank You

Thank You

Mavis Austin would like to thank all her wonderful family and friends for her cards and presents on her special Birthday. Also, thank you to Lorraine and Vernon for her wonderful party. God Bless you all.

Lots of love Mave the Rave xxx

Birthdays

Happy 8th Birthday

Will
Heaven

★ on 15th September ★

Love from
Nanny & Bampi Baker
xxx

Anniversary

Lynda & David
Hopkins

Celebrate their Ruby
Wedding Anniversary

on 18th September

Many congratulations.

Love from all the family xxx

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Morning

Thursday 26th September 2019
10am - 12 midday

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Goods Vehicle Operator's Licence

Cathy Floyd trading as Floydies Ltd of 63 Highfield Place, Sarn, Bridgend CF32 9RN is applying for a licence to use the yard at the rear of Bof, Tower Close, Bridgend Industrial Estate, Bridgend CF31 3TH, as an operating centre for 3 goods vehicles and 0 trailers.

Owners or occupiers of land (including buildings) near the operating centre(s) who believe that their use or enjoyment of that land would be affected, should make written representations to the DfI, at Central Licensing Office, PO Box 180, Leeds, LS9 1BU, stating their reasons, within 21 days of this notice.

Representors must at the same time send a copy of their representations to the applicant at the address given at the top of this notice. A Guide to making representations is available from the website: infrastructure-ni.gov.uk/.

Barrivale Bridge Club

THE results for the Barrivale Bridge Club WBU Simultaneous heat on September 3 are:

First, Mike Close and Mia Deschepper, 69.05 per cent; second, Debbie Richards and Noelle Bond, 61.25 per cent; third, Peter Millar and Adrian Trickey, 55.42 per cent.

The handicap winners were Hilary Laurence and Vivian Liles.

New members are welcomed, and a partner may be arranged,

if required. Call 01446 418380, 01446 733425, 01446 735592 or call at the Pioneer Hall, Beryl Road, Barry at 7pm on Tuesday.

There is a new beginner's class starting on Friday, September 20 at the Pioneer Hall at 10am to 12.30pm. You will be taught by experienced bridge players and handouts are provided.

On Thursdays, assisted play from 1.30pm-4pm at the Barry United Church, Heol y Llongau, Barry, CF634AP. LH

Connor's Stratford winner

CONNOR Brace, whose grandfather **David Brace OBE** runs the **Dunraven Stud** at Pyle near Bridgend, landed the **Andy Townsend Memorial Standard Open National Hunt Flat race** at **Stratford** last **Saturday** (September 7) on **Whee**, which won by eight lengths

from **Eva's Diva** partnered by **Kielan Woods**.

Whee, which went off at odds of 3-1 in a field of seven runners, is trained by Cheshire trainer Gary Hanmer and Brace, a 5lb claiming jockey is a former national champion point-to-point rider who has been making a name for himself under the full rules of the sport.

Brian Lee

Pencoed Firsts start season with a win

PENCOED RFC First XV started this season's league fixtures with the short trip to **Bridgend Sports**.

Both defences were to the fore, a necessity given the referee's interpretation of the law book. Rhys Butler, on his welcome return, set the tone for Pencoed with some massive hits during the opening 15 minutes.

The Sports opened the scoring on 9 minutes with a penalty. Adam Williams replied in kind four minutes later. Pencoed took the lead on the half-hour mark with a second penalty from Adam Williams and this led to a half time score of 3-6.

Pencoed started the second half strongly. Following a catch at a five-metre attacking line out from skipper Dano Howells, the forwards drove the maul over the line with Rhys Pilliner having the honour of scoring the first try of the season on 44 minutes. The conversion failed.

The Sports hauled themselves back into the game when their No 8 intercepted a pass deep in the 22 to scamper over at

the posts. The extras were added to leave the score finely balanced at 10-11.

Pencoed got the next all important score on 68 minutes and what a score. Following good approach work from the forwards, the ball was moved along the line with replacement Cameron Davies putting Jordan Bissett clear to score wide out. Adam Williams added the extras with a fine kick from the touchline.

The Sports, to their credit, kept trying. Their efforts were rewarded with a second successful penalty on 76 minutes. The last word, however, belonged to Pencoed. With the last action of the game, Adam Williams slotted his third penalty to leave a final score of 13-21, depriving The Sports of a deserved losing bonus point.

We are running a second team this season and they started their campaign with a home loss to The Sports. I have been assured the final score line was not reflective of the efforts put in by everyone involved.

SHD.

Bridgend Athletic RFC Mini & Junior Round Up



SUNDAY, September 8 was a great day for the Athletic Mini & Juniors with all 11 of their age groups from u7 to u16 in action.

Under-7s: Bridgend Athletic under 7s (above) entertained Nantfyllon on a bright Sunday morning that was ideal for rugby. After getting their first taste of competitive rugby last Sunday against a very determined Pencoed the players were raring to go.

The Athletic being blessed with numbers, it was agreed that the game was to be played in thirds so that all players were able to take the hard work that they have been showing in training into a match situation. Superb effort from both teams, with some excellent solo and team tries on display. In the spirit of the game no scores were kept.

The coaches would like to say thank you to the team sponsors The Lawn Rangers, Spring Design, JS Carpentry & Building Services and JH Apsee & Sons. With their support we have been able to provide a playing kit and the basics to get the team up and running in what is the start of their journey with 'The Ath'.

The boys will be looking to improve as players and a team in training and look forward to next Sunday when we host Llantwit Fardre and Taibach.

Under-8s: Bridgend Athletic under 8s hosted both Tonyrefail and Nantfyllon at Newbridge Fields. With the Ath fielding a squad of 24 players two pitches were set up to maximise game time. In true tag rugby spirit no scores were kept. Supporters were treated to a display of fast evasive running with plenty of tagging and tries scored.

Under-9s: Bridgend Athletic under-9s welcomed Nantfyllon to Newbridge fields. Despite the season

being in its infancy, all the players showed that they have made a successful transition from tag to tackling rugby. The matches had something for everyone: examples of great teamwork and individual brilliance, both in attack and defence. The crowds were treated to entertaining rugby with a total of 20 tries scored.

In total, four matches were played with the Ath winning all: match 1: W 3-1, match 2: W 4-3, match 3: W 4-0, match 4: W 3-2.

Under-10s: Bridgend Athletic u10s hosted Nantfyllon and Tondur at Newbridge Fields. With the Ath fielding a squad of 22 players two pitches were set up to maximise game time.

The Ath Greens first played Tondur outscoring them six tries to one. Try scorers were Ethan Davies 2, Osian Kenny 2, Rudi Quinn and Grayson Lewis Whelan.

The Ath Golds played Nantfyllon scoring two tries each. Try scorers were Efan Duncan and Max Edwards. The Ath Golds then played Tondur losing seven tries to two, with Osian Lord scoring both the Ath's tries.

Finally, the Ath Greens beat Nantfyllon five tries to one, try scorers were Ethan Davies three and Rory Whyte two.

Final scores: Bridgend Ath Greens 30 v 5 Tondur, Bridgend Ath Golds 10 v 10 Nantfyllon, Bridgend Ath Gold 10 v 35 Tondur, Bridgend Ath Greens 25 v 5 Nantfyllon.

Under-11s: The under-11s turned up at Newbridge fields with a squad of 22 to welcome Nantfyllon on Sunday. Last season the game was very competitive, which was replicated in the first few minutes. Good counter rucking by both teams saw turnovers left, right and centre. Finally, a scrum

against the head near their own try line provided the backs with an overlap and Jackson ran in from his own 22 for the game's first try. The backs punished Nant with another overlap shortly after for Jackson to touch down for his second.

From a scrum on halfway, Ollie drew his man and delivered the perfect pass to set Tomas up to score. Jackson was shortly in for his hat-trick with a mazy run from the halfway line. Good awareness again from Ollie put Evan into space to score. Iestyn scored two tries in reply for the visitors to leave the score Ath 6, Nanty 2 at the break.

The second half started with good carrying from the forwards, Charley fought off four players and a lovely offload to Chaitu kept the scoreboard ticking over. Jackson and Evan quickly added scores by exploiting overlaps out wide.

The next two tries came from clever restarts by Ollie. Jack hounded down the Nanty player receiving the ball, turned over and passed to Jamie to cross over in the corner. Jackson was on the receiving end of the next restart, for a run in to bring his personal tally to six. The backs called 'smithy ball'. Theo cut the defensive line to be clean through. Despite tripping over Jackson, he still got back to his feet and sprinted to score. Jackson added one more to his personal tally before Theo passed to Jack who beat four defenders to score a superb try in the corner. Nanty had the last word with a late touchdown, but the game ended Ath 14, Nanty 3.

The game saw first under-11 appearances for Samuel and Rhodri, with both playing integral parts in the performance. A great team effort today with all players contributing well and making good decisions on the field. The boys will be looking to build on this performance next Sunday when they welcome Llantwit Fardre to Newbridge Fields.

Under-12s: The under 12s kicked off the new season with a home game against Pyle RFC. This was a start of the journey for the boys with their first taste of both 15 a side and a full size pitch.

The game started at a frantic pace with the Ath pressing Pyle straight from the kickoff. With barely two minutes on the clock the boys ran in the first of their tries. It was clear from the start that Pyle were going to find it difficult to compete with the intensity of the Ath.

By half time the lead was extended to 34 points to nil, with the boys making good use of their pace across the park and the extra space.

The second half was much the same and although the boys were now totally dominant, credit must be

given to a newly formed Pyle side who never gave up and tried their best to make the game as competitive as possible. Unfortunately, the 50 points mark came early in the second half and ended the game.

Tom, Rhys and Sam made their debuts for the Ath today and looked at home in the green and gold shirt. Overall a pleasing first run out with some really encouraging signs for the season ahead. Final score Athletic 50 - Pyle 0.

Under-13s: Bridgend Ath under-13s welcomed Neath Barbarians to Newbridge Fields on a sunny and warm Sunday morning, with both teams looking to build upon strong starts to the season.

The Ath were just able to field a full team with many players out of position from the outset. However, this didn't seem to deter the boys who started strongly and aggressively. Their early dominance was rewarded when winger Jack Nyom outpaced his opposite number to score in the corner after seven minutes. Try converted by full back Jack Thomas.

The Ath went further ahead on 12 minutes when Jack Thomas jinked his way through Neath Barbarian defenders to cross the line, his own conversion edging agonisingly wide.

The home team were down to 14 on 17 minutes as second row James Waite was forced off with an ankle injury. Neath took advantage while James was receiving treatment on the pitch to score their first try. They scored their second try on the stroke of half time as The Ath took time to adjust to their new line up: 12-12 at the break.

Some further line up adjustments at half time led to a more settled and dominant second half performance from the Ath as they found their attacking and defensive rhythm. Will Jones who had moved from an unfamiliar stint at number 8 to his regular berth on the wing showed his quality with a 60-metre sprint to score under the posts on 28 minutes, with Jack Thomas adding the conversion.

Right wing Lewis Stephens who had made an impressive debut last weekend continued his scoring exploits with a scorching individual try on 37 minutes.

With the game seemingly won, The opposition came back into the game when they used their forwards to crash over the line after 48 minutes. The conversion brought them back to within a converted try of stealing a win. What could have been a nervous and uncomfortable final two minutes was soon to turn to celebration, as Jack Thomas exploited a gap to burst through for a his second try of the match under the posts. His conversion on the stroke of full time gave the Ath a 31-19 victory.

Narrow defeat in season opener for Tondur



Sam Grabham makes a break

LEAGUE rugby resumed at **Pandy Park** as hosts **Tondur** welcomed newly crowned **Division Two West Central champions** **Birchgrove**. **PRIOR to the game it was noted that neither team could recall ever having played each other.**

The first few minutes of the first half saw both teams sizing each other up at the tackle area, with the deadlock being broken by a well-worked try for the home side with wing Stuart Young touching down in the corner. The tight angle proved too much for outside half Gareth Lindenburn to convert.

The visitors hit back after 18 minutes after wing Nathaniel Llewellyn touched down. This was converted by full back Adam Rowlands. The

home side responded by upping the tempo towards half time with a great mid-field break, a chip forward with Lindenburn touching down, only for the referee to decide it was a knock on at the grounding.

The half time score was 7-5 to the visitors.

The second half started well for the home side but the visitors' defence held firm. From one Tondur attack, Curtis Danieel pick off a speculative pass to run under the posts for Birchgrove, converted by Rowlands.

A penalty was slotted over after this by Lindenburn for the home team following infringement on the ground by the visitors.

Despite some laterally by the home side, the score line finished at 8 to 14.

Mike Sully

Llantwit Major boys make international debut for Wales at rugby league



Lewis Ingram and Will Fyfe.

LAST year, three Llantwit Major year-9 boys were very proud to have been picked to play rugby league for west Wales and received caps to honour this achievement.

This year the same boys have gone one better, all being selected a year early to represent Wales under-16s Rugby

League. After training and playing with their team, the Bridgend Blue Bulls since January, and the West Wales Raiders Academy team, the boys faced a series of selection trials through the summer. After a tense wait, the news came through: Sam Godfrey was selected into the A squad to face England and Lewis Ingram and Will Fyfe to the Wales

Development squad, to face the England Lions. The match took place in Stebenheath, Lanelli on August 31 after a number of training weekends and a two-day training camp for the 34-man squad, in RAF St Athan.

The A team were up first against a strong England side full of England Rugby League academy players. While the score went England's way at the final whistle 32-16, Sam Godfrey excelled on the pitch, carrying the ball well into contact and tackling relentlessly in defence.

The Wales team played a fantastic game and showed why many of the boys are also being scouted for Academy futures. The development squad started their game well and went into half time 10-6 down. A tough 15 mins saw the England team pull out to a 28-6 lead but the Wales boys dug in and really started to put the pressure on.

In a most exciting last 20 minutes, the Wales boys pulled the game back to 28-24 and then a wonderful interception and length-of-the-pitch run had the Wales team draw level and go ahead by two points, following a successful conversion. A nerve-wracking final five minutes saw Wales finish winners at 30-28 with both Lewis Ingram and Will Fyfe contributing throughout the game in both attack and defence, and both being part of the comeback play. A massive achievement for Wales' first ever development side game. Lewis Ingram would like to thank the local businesses that sponsored him: thank you to Hickman Flooring, Force Strength & Conditioning and Celtic Granite Solutions for their support. A fantastic end to the summer season of rugby league for these three boys.

AI

Cowbridge RFC make a flying start in a new division with a storming win at Caerphilly

THERE were some nerves amongst supporters, if not the players, as Cowbridge RFC travelled to Caerphilly, for the first fixture in a higher division, against a team with a considerable history.

Arriving at the ground, their former first class status was evident.

Cowbridge matched Caerphilly from the off and eight minutes in, build-up play by No 8 Reuben Tucker and centre Ash Thomas, who both went on to play outstandingly throughout saw Thomas dab the ball through and win the race for the touchdown. Outside half Tom Hannah converted.

Just before the midpoint, a try for Hywel Williams, with initial excellent play by second row Aaron Bowman, was disallowed for crossing.

Twenty five minutes in saw an injury to Dan Holder whilst defending a drive by Caerphilly. Jack Anderson took over. A quick throw-in and link between their number 5 and 14, came up short due to a forward pass but counter-attacking Cowbridge swept upfield and recycled the ball in Caerphilly's 22. Tucker drove forward and the ball was slipped to Anderson for a final pass to wing Adam Dix, for a superb 90-metre try. Hannah added the extras. Caerphilly got their first and only points with a penalty eight minutes to half time.

Caerphilly suffered injuries in the front row and with no cover, passive scrums were ordered and Caerphilly forfeited a player. Half time 3-14

Into the second half, a run by Hannah up the

left wing saw the ball recycled to Thomas to find a gap and go over for a try. Hannah again converted.

Cowbridge brought on substitute props, George Thomas and Sam Richards. Fifteen minutes in, and a bustling charge by hooker Craig Boxall ended with Tucker crashing over. Hannah kept up his perfect conversion record.

Sam Stephens came on at centre and later, Tom Higgins for Bowman. Passive scrums suited Cowbridge's running and support play. With 15 minutes left, a run from fullback, Zac Summerhayes, was taken on by flanker Jamie Bennett, then on to Jack Anderson for Tucker to get his brace. Alex Guard, now at outside half for Hannah, put over the extras. Cowbridge's last try saw scrum half Williams switch play to the left to Tucker, then to Stephens and back inside for Ash Thomas to grab his hat-trick. Guard kept the perfect return, making it 3-42.

Fantastic defence all afternoon was encapsulated when Dix, with a superb tackle, forced his opposite wing to drop the ball with the try line just feet away.

This was a great team performance, everyone playing their part. Captain Ross Gibbon carried on from last season, imperious in the line-out. Caerphilly had good players but didn't gel as Cowbridge did. There will be tougher days but what a start.

This coming Saturday we entertain Llanishen at home. They had an impressive start against Llantwit Fardre and we will need all available players and support for the game. Kick off 2.30 pm.

RK/RV

Penarth Bowling Club hosts a competitive finals weekend



Singles winners Wendy Grant and Tony Holmes.

LAST weekend saw the culmination of the summer rounds in both the men's and ladies' club competitions at Penarth Bowling Club.

With reasonably settled and fine weather anticipated, the weekend's event commenced with the ladies two wood novice final between Christina Church and Pam Halbert. A game scheduled for 21 ends only took 14 to reach a result, as Christina managed to take complete control and post an unsailable lead of 17-2. Pam battled hard throughout, but was not able to overcome the more experienced opponent.

Tony Holmes and Alex Forsyth took on Clive Fry and Mike England in the four wood final which Clive and Mike dominated for most of the game. They led 21-6 by the 12th end and seemed home and dry.

However, a spirited fight back resulted in a final score of 24-14 in favour of Mike and Clive. Shots lost over the early ends made life very difficult for Tony and Alex.

Mixed pairs finalists were Sandra Roberts and Bob Horne up against Joan and Bob Lewis. Again, early dominance saw Joan and Bob

command a 18-6 lead after 13 ends. Their lead was never threatened and they ran out comfortable winners by 19-10.

The afternoon session commenced with Viv Duckers and Jayne Edwards taking on Chris Davies and Kath Jenkins. In a very close and competitive encounter, when the lead changed at least eight times, Viv and Jayne were able to score a total of 5 shots on the last 3 ends to overhaul a 11-14 losing position to win by 16-14 and take the ladies four wood pairs title.

The men's two wood final was fought out between Tony Holmes and Neil Gaskell. The designated 21 ends were not needed as Tony was able to command a lead of 10 shots on the 17th end, with Neil not able to catch him. The run of 8 secured shots over the last 5 ends ensured that Tony took the title.

Tony Holmes was back on the green to do battle for the men's handicap title, with Paul Church his opponent. The result was influenced and settled through the early ends when Tony secured a lead of 14 shots, going on to win by 21-7.

On Sunday, Tony Holmes partnered Alex Forsyth against Mike England and Ken

Thorne, competing in the men's two wood final over 21 ends. Tony and Alex controlled the first 9 ends to hold a confident 10-3 lead. However, they failed to score on the next 6 ends enabling Ken and Mike to draw level at 10-10. Tony and Alex then regained the initiative and took control to run out 18-13.

The ladies' two wood pairs involved the experienced Tricia Brinkworth paired with Viv Duckers against Kath Jenkins and Christina Church. Kath and Chris raced away to a 13-0 lead after 7 ends and maintained the upper hand throughout to secure a confident win by 27-11.

Two of the elder statesmen of the club pitted their wits in the men's senior final. This game was knock for knock throughout 25 ends played, before Bob just managed to wrestle the game from Phil, picking up 3 shots to run out winner by 23-18.

The Jean Alexander Memorial Cup was won this year by Christina Church and Pam Halbert who were just too good for the brave pairing of Sandra Roberts and Jayne Edwards. Steady bowling by both pairs ensured an enjoyable battle with Chris and Pam securing a win by 17-11.

In the Ladies' and

Men's Championship, Wendy Grant took on Viv Duckers in what turned out to be an intriguing affair with Viv putting up a brave show against her experienced opponent. Viv managed to hold the lead by 11-10 at the 10th end before Wendy took charge and ran out the winner and champion by 21-12. Wendy scored a total of 10 shots in the closing 4 ends to make sure of a comfortable win in the end.

At the same time, Tony Holmes made his fifth appearance of the weekend when he came to contest the Championship with Ken Thorne. Ken stole the initiative during the early ends and led by 10-5 after 9 ends. Tony was looking for a boost of energy, which duly came around the 13th end. With the scores even at 13 all on the 17th end, he picked up a full house and then two singles to lead 19-13.

Back came Ken with a pair of twos for a score of 17-19. Tony, however, steeled himself to collect 2 shots on the next and final end to run out Champion by 21-17. Congratulations to all finalists and competitors throughout the summer and to the organisers and officials on the day.

Nick Chandler

Season finishes well for Windsor men

THE final weeks of the bowls season were very successful for the Windsor Bowls Club men, and special mention must be made of the PG2 team who had their best overall results for many years, winning seven games.

In the penultimate game, they picked up all 14 points with a 91-54 victory over Whitchurch Hospital and then, in their final game against Pontyclun, they again secured maximum points in winning by 99 shots to 52.

In that game, the rink scores were Mathias, Davies A, King and Cucciniello 17-16. Dobbs, Johnson, Hales and Latham 28-11. Ellis, White, Rogers and Howells 31-9. Dacey,

Whitby, Woodcock A. and Davies D 23-16.

These results augur well for next season with three players who are newcomers to the sport playing their first league matches. Mike Dacey, Rene Dobbs and Nigel Whitby bowled exceptionally well and have a great future at Windsor.

For the PG1 team, there was not the usual end of season concern of avoiding relegation. This year a number of excellent wins saw them rise to the giddy height of fourth place in the league. The team has been fortunate this year to have recruited a couple of experienced and talented bowlers in the shape of Denis (Minty) Turnbull and Mike Stevens. Expectations are high for next year!

PM

Barry and District Skittles results

HERE are the results from the Barry and District Skittles League for September 2:

Division 1: Cigar Ladies 262 (L Webb 26) v Cadoxton Conservative Fillies 265 (C Pearce 29); Bakers Dozen 275 (A Haines 33) v Barry Stars 270 (W Phillips 27); Allsorts 266 (J Jones and S Grenslake 27) v Pila Pala 274 (H Palfrey 30); Special Angels 260 (S Ball 31) v La Bells 209 (B Williams 24); Sea View Gals 271 (B Pycott and N Jones 26) v Challengers 261 (L Morgan 29); Family and Friends 256 (J Phillips 30) v Space Finders 230 (K Jackson 28).
Division 2: Breakaways 229 (N Smith 25) v Bobby's Girls 241 (C Toogood 27); Persuaders 209 (C Thomas and C Organ 29) v Colcot Ladies 229 (M Edwards 29); Rhoeuse Starlightes 241 (E Edwards 27) v Rugby Triers 247 (K Brooks 31); Roller Coasters 241 (G Giles 25) v Red Admiral 218 (S Hayes 24); Fallen Angels 279

(S Jones 28) v Family Affair 265 (J Waldon 28); Witchill Weebies 317 (R Doyle 32) v Clickies 334 (M Thomas 35).
Division 3: Hillbillies 320 (J Lambath 32) v Boozy Birds 323 (S Rudeforth 35); Livin-on-a-Spare 326 (M Hambun 43) v Bandits 323 (E Evans 33); Sea View Ladies 203 (F Butler 23) v Dolly Mixtures 230 (E Bryan 28); Witchill Widows 288 (R Slade 30) v Westenders 313 (T Stait 32); Vixens 197 (L Galsworth 23) v Liberals 240 (B Binding 25); Off The Rails 222 (J Sims 26) v Airways Angels 229 (L Donovan 28).
Division 4: Socialites 194 (A Hicks 24) v Optimists 193 (S Pritchard 27); Merry Makers 200 (G Hawker 22) v Witchill Wanderers 199 (G Peplow 23); Witches 212 (Y Curnow 25) v Rebels 276 (A Phillips 30); Barry Town Bimbos 235 (E Kenefick 27) v Drifters 256 (B Gough, A McCarthy and J Wood 28); Twilights 184 (C Thomas and A Campbell 22) v Nite Outers 206 (F Glanville 29).
HB

Barry and district club results for crib and skittles

Crib division One

Cadoxton Cons 6, Romilly Railway 9; Wyndham Cons 6, Liberals 9; West End 8, Rhoeuse Social 7.
League Table points: Romilly Railway 21, Liberals 19, Cadoxton Cons 16, West End 13, Wyndham Cons 9, Rhoeuse Social 7, Moors Boys 5.

Skittles div one

Slammers 2.5, King William XII 4.5; Liberals A 1, West End C 6; Rhoeuse Social B 5, Cambrian Flyers 2; Allsorts 0, Rhoeuse Social A 7; Rhoosters 2, West End D 5; Sea View Exiles 4.5, Rugby Club 2.5; Barries Boys 5.5, Rhoeuse Social C 1.5; Barry Town Fc 5.5, Liberals C 1.5.
League Table points: Rhoeuse Social A 7.0, West End C 6.0, Barries Boys 5.5, Barry Town Fc 5.5, Rhoeuse Social B 5.0, West End D 5.0, King William XII 4.5, Sea View Exiles 4.5, Rugby Club 2.5, Slammers 2.5, Cambrian Flyers 2.0, Rhoosters 2.0, Liberals C 1.5, Rhoeuse Social C 1.5, Liberals A 1.0, Allsorts 0.0.

Snooker division one

Rhoeuse Social C 1, Rhoeuse Social B 4; Penarth Cons A 1, West End C 4; Savoy B 4, Wyndham Cons A 1; Cadoxton Cons Z 3, Harbour B 2.
League Table points: Cadoxton Cons Z 7, Harbour B 7, West End C 7, Savoy B 6, Penarth Cons A 5, Rhoeuse Social B 5, Cadoxton Cons B 1, Rhoeuse Social C 1, *Savoy A 1, Wyndham Cons A 1, Penarth Cons B 0, *Liberators -5.

Snooker division two

Cadoxton Cons A 4, Sully Sports A 1; West End A 3, Savoy C 2; Harbour A 2, Market Street A 3; Market Street C 3, Services Social B 2; West End B 4, Market Street B 1.
League Table points: Savoy C 6, West End A 6, West End B 6, Cadoxton Cons A 5, Market Street A 5, Market Street B 5, Services Social B 5, Harbour A3 Market Street C 3 Sully Sports A 3, Wyndham Cons D 3.
* = Points deducted.
View all results and league tables at www.barryleagues.co.uk.

Porthcawl RFC starts new season with a close away win at Heol-y-Cyw



Jake Thomas goes over for a classic winger's corner try.
Photograph by Tracey Williams.

THE new league season kicked off with an enthralling encounter at Heol-y-Cyw, the home side welcoming Porthcawl for the first time in many years.

On a bright sunny afternoon that invited running rugby, the home side set about taking the game to the Seaweeds and following some well-fought opening stages, it was the Cyw who struck first when they profited from a period of sustained pressure to nab an unconverted try, their huge pack having set the platform.

There really was little to choose between two sides intent on playing – but with contrasting styles – as the driving play of the home side matched

up to the attacking intent of the Porthcawl backs.

Seaweeds fly half Josh White tried a monster penalty from wide out on halfway but his kick fell just under the bar. Porthcawl lost lock Will Robinson after 39 minutes, replaced by the returning Paul John as the Seaweeds shuffled their pack, with skipper Leon McNally leading from the front all game.

With half-time imminent, Porthcawl got on even terms as a flowing back movement saw right wing Jake Thomas crash over for a superb corner try, unconverted for 5-all at the break.

The second half couldn't have started better for Porthcawl as ace play-maker centre Jon Phillips sped away – but with contrasting styles – and when finding his way blocked, he kicked

ahead, winning a thrilling chase to re-gather and touch down for a super individual try and 5-10.

Porthcawl, having weathered much of the home side's endeavour upfront, started to exert pressure that saw Heol y Cyw yielding silly penalties, and when White's 22-metre penalty made it 5-13, the home side needed to find some other answers.

They did reduce the Porthcawl lead to 8-13 with Hartlett's penalty goal and he repeated the feat minutes later for 11-13, the result now again in the balance.

As the Cyw continued the forward-orientated driving game, the Porthcawl answer was once more to spread the ball wide and when full-back Ben Thomas supplied a sublime pass to substitute

winger Ethan Walsh, the young flyer crashed over for the match-winning try and 11-18.

In an enormously unfortunate twist of fate that brought an unwelcome end to the match when home No 8 and talisman Jordan Hawkins, who had a fine match throughout, suffered a double injury, affecting his ankle and a clean break to his leg in the most unfortunate of accidents in the final minute of injury time.

All at Porthcawl RFC wish him the speediest of recoveries from the cruellest of injuries.

The incident saw the referee call an end to proceedings and Porthcawl now move on to the eagerly anticipated local derby against Pyle at South Road on Saturday.

REPORT by Paul Fielding.

Successful first Welsh Championships for Vale SLSC Nippers



VALE Surf Lifesaving Club Nippers recently competed in their first-ever Welsh Ocean Championships at Aberavon beach.

With a team of 20, including several Nippers for whom this was their first ever competition, Vale SLSC finished in 10th place out of the 14 clubs taking part. This was a superb achievement for the Nipper section of the club, which has only been in existence for just over a year.

Every Nipper put in impressive performances with 14 of the 20 strong team reaching finals and returning a collective medal haul of 8.

Harry Nicholas won four medals - silvers in the surf race, board

race and super nipper, along with a bronze in the beach sprints. Tallula Carbonnaux triumphed in the beach sprints, taking a silver medal; a fantastic achievement in her first ever competition. Oliver Nolan worked solidly over the two days of the competition and earned a well-deserved bronze medal in the super nipper. Kayia Takata showed her athleticism and determination to take a bronze in the beach flags, and finally Gethin Barber fought off tough competition to win a silver in the beach flags.

Thanks go to the coaches and parents for all their hard work and dedication which has allowed the Nippers section to flourish, and thanks also to the juniors, seniors and masters at the club for their help in running training sessions.

JB

Llantwit Major AFC rue missed chances against Afan Lido after last-minute loss

LLANTWIT Major welcomed Afan Lido to Windmill Lane and were looking to bounce back after last week's disappointing home defeat to Ammanford.

However, despite taking an early lead it was Afan Lido who claimed the three points with an injury time winner to deny Llantwit a draw – which would have been a fair result on the balance of play.

The opening exchanges were evenly balanced, but it was Afan Lido who created the first goal scoring opportunity in the seventh minute when their striker headed over the cross bar from close range.

Llantwit opened their account in the 16th minute when a pass from Nathan Jones to the feet of striker Josh Morgan saw him turn and his right footed shot from around 14 yards out went just inside the post.

Llantwit were nearly caught out in the 44th minute when they switched off from a cross and left the Afan Lido striker unmarked. Luckily for Llantwit he headed wide from just inside the penalty area. Half time arrived with Llantwit 1-0 up.

The early exchanges in the second half saw Afan Lido on top but it was not until the 67th minute that they got their reward when defender Glyn Davies was deemed by the referee to have fouled an Afan Lido player. A penalty was awarded, duly converted by striker Kaid Mohamed.

Llantwit responded and a cross into the Afan Lido area was met at the far post by striker Josh Morgan, but he spurned a golden opportunity to grab a second goal when he shot wide from close range.

Llantwit nearly conceded in the 87th minute but for a very good save from keeper Jack Lansdown,

who tipped a shot from close range onto the cross bar. Llantwit then had another chance to seal the game when Josh Morgan again met a cross but this time headed wide from around 10 yards out.

In injury time Llantwit were punished for not taking their opportunities when defenders hesitated and did not deal with a ball that had been headed back by their own player. The ball landed at the feet of Kaid Mohamed and he did not waste the opportunity to score when his right footed shot beat Lansdown from close range.

This was another disappointing home league defeat when a draw would have been a fair result. However, as Llantwit are finding out, there are very fine margins between all the teams competing and you cannot afford to miss goal-scoring opportunities when they arise. They have a chance to make amends on Saturday, September 14, when they welcome Swansea University to Windmill Lane for their next game, kick Off 2.30 pm.

Llantwit Major: Jack Lansdown, Jamie Miller, Kristian Evans, Sean Williams, Glyn Davies, Jonathan Fletcher (captain), Jonathan Butler, Nathan Jones, Max Morgan (Kyrann Gardner 57), Rob Jones (Harry Davies 73), Josh Morgan.

Substitutes not used: Lee Jones and Gethin Jennings.
Llantwit Major AFC are pleased to announce that they have introduced a weekly Lucky 4 Lotto draw. The first draw will take place on Sunday, September 15. Entry is £1 and the starting prize fund is initially £500. The prize fund will increase weekly until the jackpot is won. Tickets are available from the clubhouse on Windmill Lane.

DJ

Cowbridge Darts League new season starts

THE 2019 – 2020 season of the Cowbridge Darts League is about to begin, and this year we have nine teams competing, hosted by six local pubs.

The venues are: Edmond's Arms, Cowbridge; Farmers Arms, Aberthyn; Highwayman Inn, Nurston; Red Lion, Bonvilston; Victoria Inn, Singingstone and the One Town Hall Square, Cowbridge.

Ideally the league would like to have an even number of teams, so we would like to add a 10th team. If you would like to enrol a team for this season get in touch ASAP – we have until mid-September to fold you in.

The opening league matches will be played on Tuesday, September 17. Last season's champions, the Edmond's B, have a challenging opening fixture away to the Highwayman Inn. The Hairly Farmers hosts the One Town Hall Square, the Red Lion Inn hosts the Victoria Inn and the Edmond's C hosts the Farmers Arms. The Edmond's A have the evening off, as they start the season with a bye.

All matches start at 8.15pm and spectators are always welcome. For further information e-mail Paul at cowbridge-darts@gmail.com, up-to-date information can be found on the website: www.darts.apsn.co.uk.

PJT

Vale of Glamorgan Football League latest round-up

THE action really heated up this weekend in the Vale of Glamorgan Football League with some thrillers and some hammerings played out.

Premier Division leaders AFC Rhose came back from 4-0 down in the last 14 minutes to draw 4-4 with Cadoxton Imps. Ben Murphy's hat trick inspired the incredible comeback and they stay unbeaten.

Holton Road absolutely routed Tynewydd and also remain undefeated. Tyrell Williams, Ryan Hales, Jack Cutajar, Mark Kingdon, Shaun Jachontow and Ben Pearce were all among the goals.

Barry Athletic edged Cowbridge Town 2-1, Teejay Caton notching the winner in a tight contest.

Island Marine comprehensively saw off St Athan 4-0 to keep their 100 per cent streak alive, and continue their record of not conceding a goal so far this campaign.

Reece Lewis struck a free kick winner for Cardiff Airport away to Penarth Town in a 2-1 victory that

puts Airport fifth. In Division One, AFC Rhose B went top with a 7-1 drubbing of St Athan B. Rhose B leap frog Cadoxton Barry, who did not play in the league this weekend.

Penarth Town B edged out Holton Road B 3-2 in a thriller, while Vale Madrid saw off Barry Athletic B 3-1.

Vale Utd secured 3-1 triumph over SP Billy and Island Marine B got back to winning ways with a 5-2 victory over Cwm Talwg.

This weekend also saw the opening round of the SWFA Intermediate Cup, a competition open to teams outside of their league's top division.

Rhose Social hammered Lisvane Panthers 10-1, while Cadoxton Barry and Barry Vikings went out to Naipers Arms and Llanharry respectively, both losing 6-3. The league also lost Sully Sports this week as the club's reserve side had to withdraw from the VOGAFL. We wish Sully Sports luck in the Alliance league and hope to see their reserve side back again one day.

HD

Llantwit under-11s receive helping hand from house builders



Celebration time for the Llantwit Major under-11s.

LLANTWIT Major Rugby Club's under-11s celebrated recently after receiving a £1,000 donation from Persimmon Homes' Community Champions scheme.

The team raised £1,000 in July by a Pen-y-Fan climb, the players' hard work has been doubly rewarded thanks to the Persimmon scheme. The team plans to use the cash for a

rugby tour in 2020. Coach Rhys Thomas said: "We are thrilled to receive this money from Persimmon Homes. Taking the team on tour gives the children valuable experience and life lessons. The players have worked hard already this year with the Pen-y-Fan walk and running stalls at Party On the Pitch."

"Having raised money through these events, this donation is a further boost. Seeing how much enjoyment the players got out of the Holland tour last year, it helps to motivate us to provide the players with similar experiences." The team start their season on September 8 and are still looking to fill spaces on their squad. If you are interested in taking up rugby and in year 6 at school, then get in touch with the club or attend training on a Wednesday night at 7pm. Follow the club on Facebook, Twitter and Instagram @LMMinijun.

Finals weekend at Llantwit Major Bowls Club is keenly contested

ON September 7-8, Llantwit Major men's bowlers played their club finals with good weather on both days and with some excellent bowling on display.

The main event, the club championship, was played between Stuart Comer and Tom Ingroville.

The game was close at the mid-way stage with Tom holding a one shot advantage. Thereafter, Stuart played the better bowls, winning most ends to win by seven shots.

Tom was back on the green for the final of the Frank Rhodes competition against Graham Jones. Tom trailed at first but then found his line and length to take control, winning all but four of the final ends to win by nine shots.

The Tyro competition was played between Graham Merchant and Colin Ashdown. Graham led by six shots after six ends, but Colin clawed his way back to take the lead on the 19th end, which he held for the rest of the match to win by seven shots.

The Two Bowl handicap was played between Arthur Hayes and Steve Booker. Arthur started well, seven

shots up after seven ends. Steve came back into it with the lead changing frequently before Arthur won the final two ends to win by four shots.

In the four wood pairs, Steve Booker and Dave Post played Geoff Timms and Les Fowler. The game was a one-sided affair, with Steve side winning most ends to win comfortably.

In the Two Pairs, Steve Booker and Geoff Timms played Eric Sparks and Glyn Fox. With Eric and Glyn taking control after the sixth end, there was no way back for their opponents.

The Men's Triples competition with Steve Booker and Stuart Comer played Eric Sparks and Dave Johns. This was a close affair, with the game in the balance until the final end when Steve and Stuart pipped them by one shot.

In the Mixed Pairs competition, Colin Ashdown was paired with Marilyn Gomaa against Steve Booker and Dawn Payne. It was close for the first few ends before Marilyn and Colin took control, scoring three fours and one five to outplay their opponents.

Congratulations to competition secretary Glyn Fox for a well organised event.

NY

Latest results from Old Hall Bridge Club

RESULTS from Old Hall Bridge Club are as follows:

September 4: First, Barbara Exton and Eleanor Jones 61.81 per cent; second, Barbara Easterbrook and Margaret Bancroft 55.56 per cent; third, Cathy and James Mangles 52.08 per cent; joint fourth Brenda Groves and Stan Harding, Julia Evans and Ann Birt, John Raymond and Allan Lewis, Sue and Graham Norris all with 51.74 per cent.

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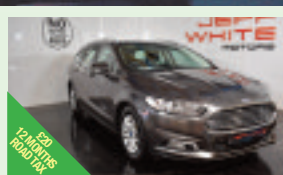


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17 17 FORD FOCUS 1.5 TDCI 120 Titanium 5dr, sat nav, cruise, Bluetooth, 18k, silver.....£10795
17 17 FORD MONDEO 2.0 TDCI 210 Vignale Estate Powershift Automatic, Ford warranty June 2020, sat nav, heated seats, grey, full leather.....£16495
16 16 FORD S-MAX 2.0 TDCI Titanium Sport 5dr Automatic, (7 seater) pan roof, sat nav, 18k, silver.....£18995
17 17 FORD S-MAX 2.0 TDCI 150 Titanium 5dr (7-Seater) Powershift Automatic, Ford warranty April 2020, sat nav, 23k, grey.....£16995
17 66 FORD S-MAX 2.0 TDCI Titanium 5dr (7-Seater), Ford warranty Feb 2020, sat nav, cruise, 34k, met red.....£15995
16 16 HYUNDAI I30 1.6 CRDI BlueDrive Premium 5dr, Hyundai warranty June 2021, sat nav, 27k, choice, full leather.....£9795
15 64 HYUNDAI SANTA FE 2.2 CRDI Premium SE 5dr Automatic 4WD (7-Seater), Hyundai warranty Feb 2020, pan roof, sat nav, black.....£14995
15 15 HYUNDAI SANTA FE 2.2 CRDI Premium 5dr (7-Seater), sat nav, reverse camera, 52k, red, full leather.....£13995
16 16 HYUNDAI SANTA FE 2.2 CRDI BlueDrive Premium SE 5dr (7-Seater), Hyundai warranty June 2021, sat nav, pan roof, grey, full leather.....£16795
16 66 HYUNDAI TUCSON 2.0 CRD Premium 4WD 5dr Automatic, Hyundai warranty Dec 2019, sat nav, reverse camera, 19" alloys, 18k, grey, full leather.....£16795
17 66 HYUNDAI TUCSON 1.7 CRD BlueDrive SE Nav 5dr, Hyundai warranty March 2022, sat nav, heated seats, reverse camera, choice.....£11495
17 17 JAGUAR XF 2.0 D 180 Portfolio 4dr Automatic, Jaguar warranty April 2020, sat nav, reverse camera, 23k, met blue, full leather.....£17495
16 16 JEEP CHEROKEE 2.2 MultiJet 200 Night Eagle 5dr Automatic 4WD, sat nav, cruise, 23k, choice, full leather, from.....£15495
16 66 JEEP CHEROKEE 2.2 MultiJet 200 Limited 5dr Automatic, sat nav, reverse camera, choice, full leather.....£14995
17 67 JEEP CHEROKEE 2.0 MultiJet Limited 5dr 4WD, Jeep warranty Oct 2020, sat nav, 13k, grey, full leather.....£16995
13 63 JEEP GRAND CHEROKEE 3.0 CRD Summit 5dr Automatic 4WD, pan roof, sat nav, 42k, met red.....£16995
15 15 JEEP RENEGADE 2.0 M-Jet Opening Edition 5dr 4WD, sat nav, 31k, orange, full leather.....£11995
16 66 JEEP RENEGADE 1.6 MultiJet Longitude 5dr, Jeep warranty Dec 2019, sat nav, Bluetooth, dab, 37k, choice.....£9795
17 17 JEEP RENEGADE 1.4 MultiAir 5dr, Jeep warranty May 2020, sat nav, 4k, black, full leather.....£12995
15 65 KIA CARENS 1.7 CRD 4 5dr DCT Automatic (7-Seater), Kia warranty Oct 2022, sat nav, pan roof, 38k, black, full leather.....£12495
18 18 KIA OPTIMA 1.7 CRDI ISG 2 Estate, Kia warranty May 2021, sat nav, reverse camera, cruise, black.....£12995
16 16 KIA SPORTAGE 1.6 T GDI GT-Line AWD 5dr, Kia warranty Aug 2023, sat nav, 19" alloys, full leather, 28k, choice.....£13995
16 66 KIA SPORTAGE 1.6 T-GDI GT-Line 5dr Automatic AWD, Kia warranty Sept 2023, sat nav, reverse camera, heated seats, 24k, black, full leather.....£16295

16 16 KIA SPORTAGE 1.7 CRD ISG 2 5dr (facelift), Kia warranty April 2023, sat nav, reverse camera, 28k, choice.....£11495
16 16 KIA SPORTAGE 1.7 CRDI ISG 1 5dr (Facelift), Kia warranty May 2023, Bluetooth, air-con, black.....£9495
16 66 KIA SPORTAGE 1.7 CRD ISG 4 5dr, Kia warranty Oct 2023, sunroof, sat nav, red, full leather.....£12995
14 14 KIA SPORTAGE 2.0 CRDI KX-3 5dr 4WD, sat nav pan roof, reverse camera, white, full leather.....£8495
16 16 KIA SPORTAGE 2.0 CRDI KX-3 5dr (Facelift), Kia warranty June 2023, sat nav, reverse camera, blue, full leather.....£12995
17 17 KIA SPORTAGE 2.0 CRDI KX-4 AWD 5dr, pan roof, sat nav, cruise, reverse camera, 23k, choice, full leather.....£15995
11 11 LAND ROVER RANGE ROVER 3.6 TD V8 Vogue SE 5dr Automatic, sat nav, sunroof, reverse camera, grey, full leather.....£13795
13 13 LAND ROVER RANGE ROVER EVOQUE 2.2 ED4 Pure 5dr, tech pack, pan roof, grey.....£12495
16 66 MAZDA 6 2.2 D (175) Sport Nav 4dr, 19" alloys, bse, reverse camera, 16k, white.....£13995
13 62 MAZDA CX-5 2.2 D Sport 5dr, sat nav, reverse camera, grey, full leather.....£9495
16 16 MAZDA CX-5 2.2 D SE-L Nav 5dr, sat nav, met red.....£11995
10 10 MAZDA MX-5 1.8 120th Anniversary Convertible, CD player, air-con, white.....£5995
17 67 MERCEDES A180 AMG Line Executive 5dr 76 DCT Automatic (Night Pack), Mercedes warranty Oct 2020, sat nav, heated seats, 6k, white, half-leather.....£17995
16 66 MERCEDES A250 AMG Premium 5dr DCT Automatic 4WD (215bhp), Mercedes warranty Dec 2019, pan roof, sat nav, reverse camera, 17k, black.....£20995
15 15 MERCEDES C200 SE 4dr, CD, climate, black, full leather.....£10995
13 13 MERCEDES E250 CDI BlueEfficiency Sport 2dr Coupe 76-Tronic (204bhp), 19" alloys, heated seats, cruise, 33k, silver.....£11495
15 65 NISSAN QASHQAI 1.5 DCI Tekna 5dr, pan roof, sat nav, 37k, white, full leather.....£11995
16 16 NISSAN QASHQAI 1.6 DCI Tekna 5dr XTronic Automatic, sat nav, pan roof, reverse camera choice from.....£11995
16 16 NISSAN QASHQAI 1.6 DCI N-Connecta 5dr 4WD, sat nav, pan roof, reverse camera, 31k, red.....£11995
17 67 NISSAN QASHQAI 1.5 DCI Acenta 5dr, Nissan warranty Oct 2020, cruise, Bluetooth, aux, usb, 14k, blue.....£12995
16 16 NISSAN X-TRAIL 1.6 DCI N-Tec 5dr (7-Seater), pan roof, sat nav, reverse camera, 36k, silver.....£13995
17 67 NISSAN X-TRAIL 1.6 DCI Acenta 5dr Xtronic Automatic (7-Seater), Nissan warranty Oct 2020, pan roof, cruise, 9k, blue.....£15495
17 67 NISSAN X-TRAIL 1.6 DCI N-Vision 5dr, Nissan warranty Oct 2020, pan roof, sat nav, reverse camera, 11k, grey.....£14995
16 16 PEUGEOT 208 1.6 BlueHD Active 5dr, cruise, air-con, 37k, blue.....£5995
16 16 RENAULT KADJAR 1.5 DCI Dynamique S Nav 5dr, sat nav, 19" alloys, grey, half-leather.....£10495
17 17 RENAULT KADJAR 1.2 TCE Dynamique S Nav 5dr, Renault warranty April 2021, sat nav, 19" alloys, cruise, Bluetooth, 16k, red, half-leather.....£12495
16 66 RENAULT MEGANE 1.6 DCI Dynamique Nav 5dr (Facelift), Renault warranty Nov 2020, sat nav, cruise, 25k, blue.....£9995
18 18 SEAT LEON 1.2 TSI SE Dynamic Technology 5dr, Seat warranty until April 2021, sat nav, cruise, 13k, silver.....£10995
16 66 SSANGYONG TIVOLI XLV 1.6 D ELX 5dr, Ssangyong warranty Dec 2021, sat nav, reverse camera, 19k, white, full leather.....£10995
18 68 SMART FORFOUR 1.0 Passion 5dr, Smart warranty Oct 2021, cruise, Bluetooth, alloys, 6k, two tone met red over silver.....£6595
15 65 SUZUKI VITARA 1.6 DDIS S25 AllGrip 5dr, 4wd, sat nav, pan roof, white, half-leather.....£9795
17 17 TOYOTA CH-R 1.8 Hybrid Dynamic S 5dr CVT, sat nav, reverse camera, blue.....£19995
15 64 VAUXHALL ADAM 1.4i (100) Slam 3dr, 18" black alloys, air-con, 43k, black.....£5795
16 66 VAUXHALL ASTRA 1.6 CDTi SRI 5dr, Vauxhall warranty Oct 2019, cruise, Bluetooth, dab, 19k, grey.....£8995
17 67 VAUXHALL ASTRA 1.6 CDTi Elite 5dr, Vauxhall warranty Oct 2020, sat nav, Bluetooth, 20k, silver, full leather.....£9995
18 18 VAUXHALL VIVA 1.0 SL 5dr, Vauxhall warranty April 2021, cruise, bluetooth, alloys, privacy glass, 4k, grey, half-leather.....£6995
16 16 VW GOLF 2.0 TSI GTI 5dr DSG Automatic, sat nav, 19" alloys, reverse camera, 26k, white.....£17495
16 66 VW GOLF 2.0 TSI R 5dr 4WD (300bhp), VW warranty Feb 2020, sat nav, cruise, Bluetooth, heated seats, 30k, black, full leather.....£19995
14 64 VW GOLF 2.0 TDI GTD 5dr, heated seats, cruise, pdc front+rear, red.....£11995
16 66 VW POLO 1.8 TSI Bluemotion Tech GTI 5dr, VW warranty Dec 2019, cruise, xenons, dab, usb, 28k, white.....£12795
11 11 VW TIGUAN 2.0 TDI Bluemotion Tech Match 5dr, air-con, alloys, Bluetooth pdc, blue.....£5995
12 62 VW TIGUAN 2.0 TDI BluemotionTech SE 4dr 4WD, pan roof, cruise, grey.....£7995
17 17 VW TIGUAN 2.0 TDI BMT 150 SE Nav 5dr DSG Automatic, VW warranty June 2020, sat nav, reverse camera, 25k, black.....£17995
17 66 VW TIGUAN 2.0 TDI BMT 150 4Motion SE Nav 5dr DSG Automatic, VW warranty June 2020, sat nav, cruise, 16k, white.....£19495
17 67 VOLVO V40 2.0 T3 (152) R-Design Pro 5dr, Volvo warranty Oct 2020, sat nav, 18" alloys, 18k, choice.....£12495
18 68 VOLVO V60 2.0 D4 (190) Momentum Estate Automatic, Volvo warranty Dec 2021, sat nav, heated seats, 10k, black.....£22995
14 64 VOLVO XC60 2.0 D4 R-Design 5dr Geartronic, cruise, Bluetooth, dab, 45k, black, half-leather.....£14995
16 16 VOLVO XC90 2.0 D5 R-Design 5dr AWD Geartronic Automatic (7-Seater), 20" Alloys, sat nav, 42k, grey.....200



17 17 FORD MONDEO 2.0 TDCI Eco Zetec Estate, sat nav, cruise, choice

£9995 NO BUYERS FEES



15 15 FORD FOCUS 1.0 EcoBoost 125 Zetec 5dr, appearance pack, 17" alloys, privacy glass, white

£6995 NO BUYERS FEES



11 61 KIA RIO 1.1 CRDI 2 EcoDynamics 5dr, cd, air-con, black

£2995 NO BUYERS FEES



11 61 VW SCIROCCO 1.4 TSI 3dr, air-con, white

£5995 NO BUYERS FEES



12 12 MERCEDES C180 BlueEfficiency Sport 4dr 76-Tronic Automatic, air-con, black, full leather

£8995 NO BUYERS FEES



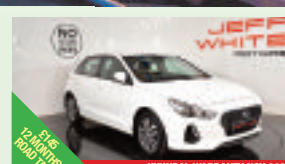
15 15 VAUXHALL ASTRA GTC 2.0 CDTi 16V SRI 3dr, air-con, cruise, 32k, white

£6795 NO BUYERS FEES



17 17 DS DS3 1.6 BlueHDi Prestige 3dr, sat nav, cruise, 17" alloys, yellow

£7995 NO BUYERS FEES



17 67 HYUNDAI I30 1.0 T GDI SE Nav 5dr, sat nav, reverse camera, cruise, Bluetooth, 20k, white

£10995 NO BUYERS FEES



14 14 AUDI A5 3.0 TDI 204 Black Edition Coupe Auto, sat nav, reverse camera, blue, half-leather

£13995 NO BUYERS FEES



13 13 AUDI TT 2.0 TDI Quattro 2dr Coupe, BOSE, white, half-leather

£9495 NO BUYERS FEES



12 12 LAND ROVER RANGE ROVER EVOQUE 2.2 SD4 Dynamic 5dr Auto, sat nav, privacy glass, full leather

£15495 NO BUYERS FEES



16 16 NISSAN X-TRAIL 1.6 DCI N-Tec 5dr (7-Seater), sat nav, Bluetooth, silver

£12995 NO BUYERS FEES



5 15 JEEP RENEGADE 1.6 MultiJet Sport 5dr, alloys, privacy glass, 14k, orange

£9795 NO BUYERS FEES



16 66 KIA SPORTAGE 2.0 CRDI First Edition 5dr Auto 4WD, sat nav, sunroof, 24k, choice, full leather

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- 17 VW TOURAN TDi (150) SCR Bluemotion R Line in pure white with graphite trim, 19,000 miles, 7 seater, 1 owner, FSH, Sat nav etc**£19,995**
- 65 MERCEDES E350 AMG NIGHT EDITION Auto in silver, with black leather, 38,000 miles**£18,195**
- 62 RANGE ROVER SPORT HSE Red Edition 3.0D In firenze red, 54,000 miles, TV, Sat Nav, heated black and cream leather seats etc**£17,995**
- 16 AUDI A4 S-Line 2.0 TDi in tango red, 30,000 miles, Sat Nav etc**£16,995**
- 07 JAGUAR XKR 4.2 CONVERTIBLE in metallic black with black leather, 51,000 miles**£16,995**
- 15 MERCEDES E220 AMG line 2.1D Auto in cavanisite blue, 28,000 miles, leather/suede heated seats, sat nav etc**£15,995**
- 17 NISSAN QASHQAI SUV DIG-T 115 C Tronic N-Connecta 1.2cc Pearl black, 12,000 miles, FSH, Sat Nav, Pan Roof, Reverse cam etc**£14,795**
- 14 LAND ROVER FREELANDER SD4 Metropolis 2.2D Automatic in Met blue, pan sunroof, sat nav, cream heated leather, FSH**Reduced by £500 to £13,995**
- 14 MERCEDES E350 SPORT Auto Estate in black, 2 owners, FSH sat nav etc**Reduced to £12,999**
- 16 KIA SPORTAGE 2.0 DIESEL 4x4 GT-Line Auto in black, 71,000 miles, high spec**£13,495**
- 64 BMW 520D M-SPORT Auto in white with black leather, 70,000 miles, sat nav etc**£12,995**
- 13 LAND ROVER FREELANDER XS 2.2D SD4 Auto in orkney grey, 48,000 miles, black heated leather seats, sat nav, FSH**£12,995**
- 14 ISUZU YUKON 2.5DCI VISION DOUBLE CAB PICK UP in met grey, 67,000 miles, with rear hard top**£11,995**
- 64 MINI COUNTRYMAN 2.0 Diesel Cooper Automatic met blue, 28,000 miles**Reduced to £11,495**
- 12 LEXUS CT 200H SE-L Automatic Hybrid Cewruean blue with-cream leather, 45,000 miles, 1 owner**£10,795**
- 14 TOYOTA RAV 4 Invincible D-4D 2.2D In greyish blue, 67,000 miles, Sat Nav, heated leather, reverse camera**£10,495**
- 12 MERCEDES SLK250 CDI AUTOMATIC in met black, 74,000 miles, new shape**£10,495**
- 65 FORD FOCUS 1.0 ZETEC 5dr In black, 14,000 miles, low running costs**£9,995**
- 64 FORD KUGA 4x2 TITANIUM 2.0TDCI In white, 52,000 miles**£9,995**
- 54 AUDI RS6 AVANT QUATTRO 4.2 V8 Auto in met silver with black leather, 100,000 miles, classic at**£9,995**
- 15 MAZDA 3 SE-L NAV 2.0 AUTO 5dr In black, 42,000 miles, high spec**£9,995**
- 14 SKODA SUPERB 2.0 TDi Elegance CR (170) in Cappuccino beige, 48,000 miles, Sat Nav, leather seats**£9,995**
- 65 VW GOLF 1.6TDI MATCH 5dr, in black, 32,000 miles, 1 owner, free road tax**£9,995**
- 64 VW PASSAT CC Bluemotion Technology 2.0 TDi Coupe in silver, 37,000 miles, sat nav etc**£9,695**
- 16 VAUXHALL INSIGNIA 1.8 SRI Nav 5dr In met grey, 25,000 miles, ideal family hatch**£9,495**
- 14 BMW 120D SE 5-Dr In Red, 60,000 miles, fantastic MPG + low road tax**Reduced by £1000 to £8,995**
- 13 VW GOLF 2.0 TDI GT 3dr in white, 78,000 miles with Sat Nav, fantastic MPG, £20 road tax**£8,995**
- 15 VW JETTA 1.4TSI SE in met blue, 25,000 miles, 1 owner**£8,995**
- 65 HYUNDAI i20 PREMIUM MPT 1.4 Automatic in white, 41,000 miles, nice example**£8,795**
- 16 SEAT LEON FR TECH 1.4 TSI (150) In technic grey, 66,000 miles, 1 owner, sat nav, half leather**£8,695**
- 61 JAGUAR XF 3.0 TDV6 PREMIUM Luxury Automatic In met gold with beige leather, 74,000 miles**£8,495**
- 16 MAZDA 2 SPORT 1.5 DIESEL 5dr In met grey, 42,000 miles, with sat nav, fantastic MPG**£8,495**
- 13 MAZDA MX5 1.8SE In met grey with electric folding hard top, 56,000 miles**£8,495**
- 16 VAUXHALL ASTRA 1.6 CDTI SRI NAV 5dr In black, 34,000 miles, host of extras**£8,495**
- 16 CITROEN C4 Flair Blue 1.6 HDi 5dr in black, 24,000 miles, 1 owner**Reduced by £500 to £7,995**
- 14 SKODA YETI 2.0TDI CR 4x4 in black, 58,000 miles, very practical**£7,995**

- 66 TOYOTA YARIS 1.3 VUTI 5dr in white, 24,000 miles with sat nav**£7,995**
- 65 CITROEN C4 CACTUS BLUE HDI FEEL 1.6D In red, 37,000 miles, DAB radio, free road tax**£7,995**
- 65 MAZDA 3 SPORT 2.2 Diesel 5dr in met blue, 88,000 miles, host of extras**£7,995**
- 63 AUDI A1 S Line 1.6 TDi 5dr In scuba blue, 49,000 miles, half leather S-line seats, bluetooth, P/S**£7,995**
- 14 NISSAN JUKE 1.6 N-TEC In burgundy, 29,000 miles with sat nav, rev camera**£7,995**
- 62 NISSAN QASHQAI 1.6 Accenta +2 in black, 64,000 miles, 7 seater with pan roof**£7,795**
- 14 KIA SPORTAGE 2.0 Diesel AWD KX-3 in met grey, 101,000 miles, with sat nav**£7,695**
- 63 RENAULT CLIO 1.2 GT LINE AUTOMATIC in met black, 36,000 miles, sat nav etc**£7,695**
- 65 SKODA FABIA 1.0 MPI SE 5-dr in black, 22,000 miles, 1 owner, £20 road tax**£7,495**
- 17 FORD FIESTA ZETEC 1.2cc in moon dust silver, 21,000 miles, 1 owner, sat nav, DAB radio etc**£7,495**
- 16 FIAT 500 LOUNGE 1.2 in white, 9,000 miles, glass roof, sat nav**£7,495**
- 15 VAUXHALL INSIGNIA 2.0 CDTI ECO DESIGN in black, 20,000 miles, free road tax**£7,495**
- 64 RENAULT CAPTUR DYNAMIQUE 1.5D-M-NAV Automatic in cream, 54,000 miles, FSH, Sat nav**£7,295**
- 65 VAUXHALL CORSA 1.0 EXITE 3dr in black, 22,000 miles, 1 owner**£6,995**
- 63 NISSAN QASHQAI 360 DCI 1.5 In met grey, 68,000 miles, pan roof, sat nav, diamond cut alloys**£6,995**
- 61 VW GOLF 2.0 TDI GTD 3 dr in black with black leather sports seats 105,000 miles**£6,995**
- 15 FORD FIESTA 1.0 TURBO ZETEC 5dr in black, 44,000 miles, free road tax**£6,995**
- 57 MERCEDES SLK 350 AUTO in black with grey leather, heated seats, 59,000 miles, with extras**£6,995**
- 66 VAUXHALL CORSA ENERGY AC EcoFlex 1.4cc 3dr In white, 11,000 miles, 1 owner, heated seats and steering wheel, BT Audio etc**£6,795**
- 62 HONDA CIVIC 2.2 Diesel ES 5dr in bronze, 47,000 miles, excellent MPG**£6,795**
- 61 SSANGYONG KORANDO 2.0 EX Diesel Automatic, 63,000 miles, met orange, 4x4**£6,795**
- 16 DACIA STEPWAY 1.5 Diesel Laurette in black, 50,000 miles, 1 owner, sat nav etc**£6,795**
- 64 SKODA ROOMSTER 1.2 BLACK EDITION, 41,000 miles, with glass roof, sat nav**£6,795**
- 16 SUZUKI SWIFT SZ3 1.2 5dr in boost blue 38,000 miles, 1 owner £30 road tax**£6,495**
- 63 SEAT IBIZA FR TSI 1.2cc 3dr In emotion red, only 28,000 miles, 16" alloy wheels, A/C, Sat Nav, Bluetooth etc**£6,295**
- 16 FIAT 500 POP 1.2 in white, 22,000 miles, 1 owner**£5,995**
- 63 VAUXHALL ADAM 1.4 SLAM Yellow with black roof, 41,000 miles, very trendy, check head lining**£5,995**
- 63 HYUNDAI i20 ACTIVE 5dr in met blue, 14,000 miles, 1 owner**£5,995**
- 11 SEAT LEON 2.0 TDi FR Auto 5dr in track grey, 76,000 miles**£5,995**
- 60 SKODA SUPERB 1.4TSI Auto in met grey, with black leather, low mileage, high spec**£5,995**
- 13 SKODA Rapid 1.2 TSi Elegance In met grey, 51,000 miles, ideal family hatch**Reduced by £500 to £5,495**
- 62 SEAT LEON SE COPA TSI 1.2cc 5dr In white, 74,000 miles, sat nav, P/S, DAB radio**£4,995**
- 13 CITROEN DS4 D-STYLE 1.6 HDi in black, 65,000 miles, full leather trim**£4,995**
- 62 KIA PICANTO 1.2 HALO ECO DYMAMICS in milky beige, 19,000 miles, heated seats etc**£4,695**
- 13 MITSUBISHI MIRAGE 3 1.2 5dr In black, 43,000 miles, free road tax**£4,295**
- 13 FIAT PANDA 1.2 LOUNGE 5dr in blue, 53,000 miles, low running costs**£3,995**
- 13 KIA PICANTO 1.0 CITY3dr In silver, 71,000 miles, 1 owner, free road tax**£3,695**
- 11 VAUXHALL MERIVA 1.7 CDTI EXCLUSIVE In met bronze, 67,000 miles**£3,495**
- 10 PEUGEOT 107 URBAN 1.0 5dr In silver, 60,000 miles, low insurance**£2,995**



14 LANDROVER FREELANDER SD4 Automatic
In met blue, pan sunroof, sat nav, cream heater leather, FSH
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64 RANGE ROVER 3.0 DIESEL HSE Auto
49,000 miles, too many extras to list, fantastic value
£32,995



63 VAUXHALL ADAM 1.4 SLAM
Yellow with black roof, 41,000 miles
£5,995



66 TOYOTA YARIS 1.3 VUTI
White, 24,000 miles, sat nav
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Downbeat end to season for the Cowbridge Second XI

AS the 2019 season came to a close Cowbridge Second XI made the short trip down the M4 to Skewen.

Cowbridge battled first and Alastair Lawson and club stalwart John Brazier started brightly but then Alastair went for 12 and following another quick wicket, Cowbridge were 22 for 2.

Heath Webb came in and put together a partnership with Brazier, who was eventually out for a well-made 27. Wickets continued to fall with only Naveed Younis providing any resistance, hitting a blistering 35 with a number of big sixes. In the end Cowbridge finished on 127 off their 40 overs.

To say this total was inadequate against such a strong side as Skewen is an understatement. Despite the impressive youngster Owain Scholey picking up an early wicket, Skewen cruised past the Cowbridge total in the 18th over without having broken sweat.

However, there are a number of positives to take from the season.

The youngsters Heath Webb, Will Harris, Lewis Sevenoaks and Owain Scholey are all real prospects for the future.

The bowling was led by the ever dependable John Gilbert; ably supported by Umar Raffique and Ian Evans along with Joe Russell, who captained the side with growing confidence.

Runs came from Naveed Younis, Heath Webb, Alastair Lawson and Jonty Webb with some eye-catching knocks from Heath and Naveed, plus Jonny Napier who unfortunately left mid season.

Ian Harris took up the wicket-keeping gloves as a novice keeper but finished the season as the leading wicket-keeper for dismissals in the division – a fantastic achievement.

Thanks also go to Pam Lawson and Eleanor Sevenoaks, whose help with the teas and general organisation has been invaluable, as well as David Webb and John Brazier who performed admirably when asked to step in at times of selection problems.

Thanks also to scorer

Romilly First team staves off relegation threat

RECENTLY, Romilly 1st team entertained Pontypridd and it turned out to be a narrow defeat.

Rink 1: Alan Bannister, Mike Gronow, Dave Francis and skip Jeff Wright was an extremely closely fought rink with Romilly losing 19 - 20.

Rink 2: Eric Fortt, Terry Bloomfield, Steve Close and skip Mike Doyle. After a fast start Romilly rink stumbled and failed to win a shot over eight ends and Pontypridd pulled away to win 15 - 23.

Rink 3: Alun Bryan, Dave Noble, Kelyvne Mills and skip Clive Collins. A steady performance by the Romilly rink saw them win 20 - 13.

Rink 4: Rink 5: Jerry Daly, Ray Hewitson, Gwyn Rees and skip Mel Newman. Result 15 - 22.

Aggregate result 69-78. On August 31, Romilly 1st team entertained

Gilfach, Bargoed. Rink 1: Alun Bryan, Dave Noble, Clive Collins and skip Brian Foscolo. A very tight game saw Romilly go down 19 - 20.

Rink 2: Alan Bannister, Dave Francis, Gary Eastment and skip Jeff Wright. Another closely fought rink saw Romilly lose 19 - 20.

Rink 3: Phil Gershenson, Roger Jones, Gwyn Rees and skip Steve Close. Result 15 - 21.

Rink 4: Kelyvne Mills, Terry Bloomfield, Mel Newman and skip Mike Doyle. A steady performance by the Romilly rink resulted in 22 - 16 win.

Aggregate result 75 - 77.

On September 1, Romilly 1st team entertained Ynysybwl and a fighting performance by the Romilly rinks helped the side

to retain their status in the Premier Division.

Rink 1: Paul James, Terry Bloomfield, Alan Bannister and skip Mike Doyle. Result 28 - 24.

Rink 2: Stuart Simpson, Dave Francis, Gary Eastment and skip Jeff Wright. Result 17 - 16.

Rink 3: Alun Bryan, Dave Noble, Kelyvne Mills and skip Clive Collins. Result 18 - 11.

Rink 4: Phil Gershenson, Ray Hewitson, Roger Jones and skip Mel Newman. Result 14 - 23.

Aggregate result 77-74.

On August 26, Romilly A side continued their quest for promotion, with an excellent win at home against Penyrgrig – the team lying second.

Rink 1: Anthony Jones, Dave Francis, Steve Close and skip Mike Doyle. Result 18 - 14.

Rink 2: Dave Noble, Brian Parker, Mike Gronow and skip Barrie

Griffiths. Result 19 - 16.

Rink 3: Eric Fortt, Stuart Simpson, Phil Edwards and skip Ray Hewitson. Result 16 - 17.

Rink 4: Phil Herbert, Roger Jones, John Kirk and skip Kelyvne Mills. Result 27 - 7.

Aggregate result 70 - 54.

On August 28 Barry Romilly entertained Millwood for the Brian Oliver Cup. Both sides won two rinks but Romilly took the cup on aggregate, 59-44.

Rink 1: Iain Forsythe, Phil Herbert, Mile Gronow and skip Ray Hewitson. Result 10 - 12.

Rink 2: Peter Hunt, Terry Bloomfield, Alan Bannister and skip Mike Doyle. Result 28 - 6.

Rink 3: Eric Fortt, Jerry Daly, Roger Jones and skip Alun Bryan. Result 15 - 14.

Rink 4: Paul James, Dave Noble, Dave Francis and skip Brian Foscolo. Result 6 - 12.

JWK

Wenvoe Castle's Ladies Golf Day



THE ever-popular Ladies Open Golf Day at Wenvoe Castle attracted over 100 entries.

The competition was based on teams of three with the best two Stableford scores on each hole to count.

The winning score for the visitors came from Alison Davies, Katrina Cross and Anne Howells (Vale Resort GC) who scored an impressive 84 points.

Runners up were Caroline Michael, Linda Jones and Claire Probert (Radyr GC) with 75 points.

The top score for home club teams was 74 points by Sheila Davies, Linda Bird and Jane Lott.

Runners up were Cheryl Henderson, Steph Bonner and Caroline McKenzie with 72 points just ahead of Lynda Hudd, Jill Rodgers and

Jayne Smith who missed out on countback.

Chris Anthony (Brynmeadows Golf Club) was nearest the pin on the 2nd hole with the ball just 3 feet from the hole. The longer 15th hole proved more of a challenge and the prize went unclaimed.

The prizes were presented by club captain Lesley Sherrard who thanked all the competitors particularly those travelling considerable distances.

The efforts of the ladies section were appreciated, as were the men's senior section who acted as starters.

Lesley also thanked the green staff for presenting the course in an excellent condition, and the bar and catering staff for their efficient service.

BJ

St Mary's GC seniors try out an unusual format

ST Mary's Senior Section started their week by playing out their weather-delayed annual bogey competition.

In spite of it being a trophy event, a combination of gloomy weather and, perhaps, it not being the most popular of formats, a limited field of just 24 members started in the damp conditions.

For each hole, the scoring system allowed for players to record a score of zero for a net par, plus one for a net birdie or better and minus one for a net bogey or worse. Par for the full course then, was a cumulative zero over the 18 holes.

The competition was keenly contested but

at the end of the day, Malcolm Jones secured the victory with a final cumulative score of +1.

Following a count-back, Doug Mein and Bob Coombes were placed second and third respectively, both having carded cumulative scores of -1.

Two days later with the weather much improved, the finals of the senior section's 2019 singles match play and vets challenge competitions were played out.

In the former, Fred Furby beat Bryant Thomas 4 and 2 and in the latter, former captain Hugh Williams claimed the trophy by edging a one shot win over Wayne Newton.

NL

THE latest results for Bridgend Bridge Club are as follows:

On August 29: First, Irene Thomas and Graham Jones; second, Tony Disley and John Evans; equal third, Emer Disley and Debbie Lea, and Norma and David Newman. The winners on handicap were Irene Thomas and Graham Jones.

On August 29: First, Vida Halford and Glyn Williams; second, Steve Burgoyne and Joan Ralph; third, Clive Edwards and Paul Lyne. The winners on handicap were Vida Halford and Glyn Williams.

On August 30: First, Tony Disley and Debbie Lea; second, Debbie and Simon Richards; third, Irene Thomas and Marjorie Morris.

The winners on handicap were John Moore and Gill Wybrow.

Regular club nights take place at 7pm on Wednesday and Friday evenings at Nolton Church Hall. On Thursday afternoons at 2pm, there is a gentle bridge session when help is available with the bidding. All sessions are played in a friendly manner, visitors and new members are always welcome.

A new course of bridge lessons have started on Monday afternoons at Nolton Church Hall from 3.15pm to 5.15pm and it's not too late to join the course.

For more information, contact Steve Burgoyne on 01656 661968 or email Steve at steve@steveburgoyne.plus.com.

Sully bowlersslip up on the road

SULLY bowlers travelled to Merthyr on what turned out to be a very pleasant afternoon after the very heavy morning rain.

Set in the grounds of Cyfarthfa Castle, Cyfarthfa Bowls Club were the hosts for this first visit of the villagers in a CML league match.

Although rusty, as there had been no midweek game, Sully got off to a steady start on a very good surface. With a few changes in the side, it was good to be level all round at seven ends, and as the game progressed it swung both ways.

However, after 14 ends, although it was even – as in two games up and two games down – the Villagers were six down when it came to aggregate scores.

On 17 ends, there was a sudden swing again, with Sully edging it but it didn't last. The B Griffiths rink with A Smith, H Levick Jones and M Hardy were never in front,

eventually losing 13-31.

D Curtis with A Rees, B Danscombe and A Thomas, having been behind all the way, just got in front but dropped a four on the last end to lose by one at 23-24.

The two winning rinks, however, could have won the match in a CML league match.

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TM

On and Off the Turf with Brian Lee

ON the flat, over the sticks, or between the flags.

It makes little difference to the Vale's Charlie Price who was recently successful on the Tim Vaughan-trained *Royal Django* at Newton Abbot.

This season, the former Arabian Horse Racing novice champion is challenging Alex Chadwick for the Arabian Horse Racing Riders' title after winning the Sohar Beach Handicap Stakes at Wolverhampton on the mare *Callymay*, owned and trained by Delyth Thomas at Aberkenfig near Bridgend.

Last Thursday (September 5) at Sedgefield Charlie, riding the Tim Vaughan-trained *Akkapenko*, took the opening Conditional Jockeys' Handicap Hurdle, coming home two-and three-quarter lengths ahead of Oliver Greenall's *Never A Word*.

Akkapenko was returned the 11-8 favourite and did better than his stable companion *Chimes Of Dylan* in the handicap chase. Ridden by Alan Johns, the

top-weighted six-year-old was a last fence faller but was well beaten at the time, the race being won by Sam England's *My Renaissance*, the only horse to complete the course.

IMOGEN'S 33/1 WINNER

IMOGEN Mathias, aged 17 from Bridgend landed a 33-1 winner at Salisbury last Tuesday (3/9/2019) on *Silvington*, a four-year-old bay gelding trained by Daniel Loughrane.

Imogen held up her mount in the early stages of the race and, taking the lead inside the final furlong, went on to beat the favourite, *Duchess Of Avon*, by two and a half lengths in a field of 10 runners.

Those who backed the winner on the tote were rewarded with odds of just over 45-1. The final race of the day was also won by a Welsh jockey as David Probert, who hails from Bargoed, won on the Alan King-trained *Giving Back* a 7-1 shot which got home by a head from *Break The Rules*.

Brian Lee

Tony and Gary score high marks for Porthcawl in the WBU national event

PORTHCAWL Bridge Club has recently held two special calendar events – the Club Random Teams, in which pairs are initially moved randomly to establish their team-mates.

The club also held a heat of the Welsh Bridge Union Simultaneous Pairs, sponsored by Bridge Overseas – the major UK Bridge Holiday company located locally. The proceeds from this event are donated to the Wales Air Ambulance. Pairs compete in the club, but then the results are also scored centrally along with other club's results to give a national ranking.

The latest results from the club are: Thursday,

August 29 – first – Maurice and Margaret Harris; second (equal) – Tony Haworth and David Newman; Trish Saunders and Sue Anthony. Saturday, August 31 (Random Teams) – first – Terry Dolan, Pat Haworth, Eileen Mahoney, Jeff Barnett; runners-up – Janet Richards, Trish Saunders, Connie Dick, David Newman. Thursday, September 5 (WBU Simultaneous Pairs) – First – Gary Williams and Tony Haworth; second – Norma and David Newman. In the National Results – Gary and Tony were ranked fourth, and Norma and David fifth.

The club meets at the Awel-y-Mor centre Thursdays (6.45 pm–9.45 pm); Saturdays (3.15 pm–6.15 pm). To contact the club, call 01656 7857 94.

TH



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Athletic kick off new season with morale-boosting close call win over Ammanford

TO the relief of the home supporters Bridgend Athletic got the opening day season blues out of their system, carrying on their 10-match winning sequence from last season with the narrowest of wins 21-20 over Ammanford in a Division One West Central fixture.

The team have to go back to September 3, 2016, for their last opening day league victory, when they defeated Bonymaen.

Prior to kick off, a minute's silence was observed for a great friend of BARFC and all Welsh rugby, Derrick King, chairman of Bridgend Ravens.

Athletic started brightly with forwards Matthew Norman, Ben Davies and Sean Williams putting the side on the front foot.

The scrum, with front row forwards Wayne Fooks, Lee Murphy and Matthew Norman, held its own against far heavier opponents. After seven minutes, outside half Luke Bevan made a useful break into the away 22 before winning a penalty.

Scrum half and captain Aled Thomas elected for Bevan to kick to the corner. Hooker Lee Murphy found lock Ben Cording with the throw in and a driving line out saw prop Matthew Norman driven over for the opening Athletic try of the season.

Bevan's conversion gave his side a 7-0 lead.

Ammanford struck back with a penalty from full back Steff Roberts but soon after another Bevan run saw the ball



Centre Tom Jenkins offloads to Aled Thomas with Ben Davies in support.
Photograph by John Canon.

transferred to flanker Will Barraclough to race over unopposed – only for the referee to judge the final pass forward.

Ammanford made Athletic pay when Carwyn Morris raced through a huge hole created by an Athletic player gambling on an interception to cross under the posts. Roberts' conversion gave his side a 10-7 lead which they held until the interval.

Ammanford were playing more direct and controlled rugby than Athletic, who looked nervous and were trying to force the game, making errors in the first quarter of the second half.

They were also conceding far too many penalties at the breakdown.

On the hour, Athletic opened up on halfway with half backs Thomas and Bevan bringing centre Tom Jenkins and Joe Patterson into play. Patterson ran around his opponent and timed a

nice inside pass to wing Lindsay McCausland, having not played seriously for three seasons, shook off any rustiness with a step inside the full back to cross under the posts.

Bevan's conversion gave Athletic a 14-10 lead. From the restart, full back Jacob Lloyd combined with McCausland and a potential scoring grubber kick rolled into touch five metres out. A misdirected Ammanford line out throw was seized by Norman who had the strength to hold off two tacklers and cross for his second try.

Bevan converted from wide out to give Athletic a 21-10 lead. Just after the restart, Bevan was judged to have taken out a player in the air and was despatched to the touchline for 10 minutes. Ammanford took advantage by opening play and a long pass to the wing (which

Athletic supporters thought was forward) saw Ceri Morris cross in the corner to reduce the deficit to 21-15.

With five minutes remaining, Athletic defence was again too narrow and Morris raced over for his second try.

Fortunately, the conversion went wide, leaving Athletic with the narrowest of margins, 21-20 in the lead. Bevan returned from the sin bin and intelligent forward play with replacement lock Tom Penry Ellis, on for the hard-working Jonathon Stoker, prominent in helping the Athletic pack keep possession. When

No 8 Ben Davies raced away from a scrum on halfway and put wing Robin Davies clear it looked like an Athletic bonus point try – but for the third time in the game a scoring pass was judged forward.

With prop Callum Swinford on as a

replacement, the Athletic secured a last-minute scrum put in for Bevan to kick the ball dead with the clock turned red for a morale-boosting opening day victory.

Head coach John Apsee was pleased with the Athletic performance, picking out man-of-the-match Ben Davies, Sean Williams and Matthew Norman in the pack, while the whole back division (although caught sometimes defending too narrow) played well.

He was concerned with the penalties conceded at the breakdown but said these problems can be ironed out in training. He was disappointed with three tries going begging due to forward passes so will also look at alignment in attack.

The Athletic face a tough local derby this coming Saturday, September 14, away at Kenfig Hill. AB

Brilliant backs get Brackla RFC off to a flying start

BRACKLA RFC kicked off their East Central 3C Campaign in emphatic fashion with a 12 try victory over Old Tyleryan.

The Maggies, coming off the back of a promising pre-season, entered this opening day fixture looking to cement their promotion intentions from the get-go and definitely delivered.

Brackla started the game well with some early runs from lock Roger Owen testing the opposition pack. It didn't take long for the backs to get ball in hand.

Half time: Brackla 43 – 3 Old Tyleryan. The second half proved to be much of the same. A solid contest between both sets of forwards but the moment Brackla's backs got ball in hand, it was pretty much game over.

Another six tries followed with Ken Morris, Scott Narbeth, Andrew West, Evan Stanton, Roger Owen and Jamie Evans all crossing the

line. Jayce Evans had a brilliant day at the kicking tee, bringing his points tally to 21 (one penalty, nine conversions).

All in all, a fantastically well-rounded performance from the men in black. While the backline stole the scoreline with fantastic pace and finishing, the forwards had an outstanding game against a tricky opposition pack. Captain David Paul led the line-out without any errors and some brilliant jackals from forwards Burke and Bennetta eventually won the forwards battle.

Full time: Brackla 88 – 3 Old Tyleryan. Brackla look to continue their winning ways next weekend when they travel to Tredegar RFC.

MP

The Sports are in good form against Pencoe 2nds

WITH Pencoe RFC fielding a side at second team level having played only periodic games during the last four years, this home league match against Bridgend Sports was always going to be an uphill task for a new group of players.

The Sports scored early, full back Daniel Donnelly catching the home defence flat with a kick ahead to win the touchdown. Pencoe soon hit back, scrum half Brandon Mullen making the initial break before supporting No8 Aled Bargery crossed under the posts, Sion Clarke adding the conversion.

Clarke was soon again in the picture with a fine 40-metre clearance under pressure in his own 22. At this juncture, the home side were playing

with good tempo and increased their lead following sustained pressure in the visitors 22, hooker Joe Daniel crashing over.

The Sports hit back and moved the ball wide for Donnelly to get his second try. Approaching the interval, the visitors regained the lead, breaking blind from a close up scrum for flanker Lee Roderick to get the touchdown, and his team led 12-15 at the break.

The Sports opened the second half as in the first with a try in the opening moments from Roderick, who raced away from around half way to score, then Donnelly increased the visitors' lead, repeating his earlier kick and chase effort to score.

The now depleted number in the home ranks despite their best efforts could not prevent the visitors stretching away on the scoreboard. Roderick got his try hat-trick, Carwyn Dent got another before Donnelly

added his fourth. The final Sports try brought an international flavour to the scoreline with Monty Bergonio of the Philippines crossing in determined manner, before forward Josh Granelli showed his team mates how it should be done with their only conversion of the afternoon.

For Pencoe, half backs Mullen and Jamie Pensom did well, with the mazy running of Clarke also catching the eye, while up front Bargery was prominent in the pack effort. For obvious reasons, Donnelly and Roderick stood out for Bridgend Sports.

Every effort will be made to sustain second XV rugby at Pencoe and new players are most welcome to enjoy rugby at this level.

TR

Narrow defeat in season opener for Tondur RFC against tough opposition

LEAGUE rugby resumed at Pandy Park as hosts Tondur RFC welcomed newly crowned Division Two West Central champions Birchgrove.

Prior to the game it was noted that neither team could recall ever having played each other.

The first few minutes of the first half saw both teams sizing each other up at the tackle area, with the deadlock being broken by a well-worked try for the home side with wing Stuart Young touching down in the corner.

The tight angle proved too much for outside half Gareth Lindenburn to convert. Lindenburn for the home team following infringement on the ground by the visitors.

The visitors hit back after 18 minutes after wing Nathaniel Llewellyn touched down. This was converted by full back Adam Rowlands. The home side responded by upping the tempo

towards half time with a great mid-field break, a chip forward with Lindenburn touching down, only for the referee to decide it was a knock on at the grounding.

The half time score was 7-5 to the visitors. The second half started well for the home side but the visitors' defence held firm.

From one Tondur attack, Curtis Daniel picked off a speculative pass to run under the posts for Birchgrove, converted by Rowlands. A penalty was slotted over after this by Lindenburn for the home team following infringement on the ground by the visitors.

Despite some late rallying by the home side, the score line finished at 8 to 14.

Report by Mike Sully